

Table of Contents

Suicide Prevention Lifelines Pg. IV

South Carolina

Anderson County

- Rehabilitation Pg. 1
- Support Services Pg. 2
- Therapy Pg. 2

Cherokee County

- Rehabilitation Pg. 6
- Support Services Pg. 6
- Therapy Pg. 7

Chester County

- Rehabilitation Pg. 8
- Therapy Pg. 8

Fairfield County

- Rehabilitation Pg. 9
- Therapy Pg. 10

Greenville County

- Rehabilitation Pg. 11
- Support Services Pg. 13
- Therapy Pg. 14

Lancaster County

- Rehabilitation Pg. 30
- Support Services Pg. 30
- Therapy Pg. 31

Laurens County

- Rehabilitation Pg. 32
- Support Services Pg. 32
- Therapy Pg. 33

Newberry County

- Rehabilitation Pg. 35
- Support Services Pg. 35
- Therapy Pg. 36

Oconee County

- Rehabilitation Pg. 37
- Support Services Pg. 37
- Therapy Pg. 38

Pickens County

- Rehabilitation Pg. 40
- Therapy Pg. 41

Spartanburg County

- Rehabilitation Pg. 45
- Support Services Pg. 46
- Therapy Pg. 48

Union County

- Rehabilitation Pg. 57
- Support Services Pg. 57
- Therapy Pg. 58

York County

- Rehabilitation Pg. 59
- Support Services Pg. 59
- Therapy Pg. 60

North Carolina

Burke County

- Rehabilitation Pg. 66
- Therapy Pg. 67

Catawba County

- Rehabilitation Pg. 70
- Therapy Pg. 71

Cleveland County

- Rehabilitation Pg. 75
- Therapy Pg. 76

Gaston County

- Rehabilitation Pg. 78
- Therapy Pg. 78

Henderson County

- Rehabilitation Pg. 83
- Support Services Pg. 83
- Therapy Pg. 84

Lincoln County

- Rehabilitation Pg. 89
- Support Services Pg. 89
- Therapy Pg. 90

McDowell County

- Therapy Pg. 92

Polk County

- Therapy Pg. 94

Rutherford County

- Support Services Pg. 95
- Therapy Pg. 95

*Child centered services available

†Domestic violence/sexual assault services available

^Psychiatric services available

If you or someone you know is struggling emotionally, is in crisis, or needs someone to talk to, please reach out and get support:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
TTY: 1-800-799-4889
- Spanish Language National Suicide Prevention Lifeline:
1-888-628-9454
- Crisis Text Line: 741741
- Veterans Crisis Line: call 1-800-273-8255 and Press 1
- Trans Lifeline: 1-877-565-8860
- Disaster Distress Helpline: 1-800-985-5990
- Trevor Helpline: 1-866-4u-TREVOR (488-7386)
- Love Is Respect: 1-866-331-9474 or text "loveis" to 22522

Anderson County

Rehabilitation

Anderson/Oconee Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.
226 McGee Road
Anderson, SC 29625
Phone: (864) 260-4168
Email: aobhs@aobhs.org
Web: www.aobhs.org
Payment: accepts Medicaid and offers a sliding scale

Southwest Carolina Treatment Center

Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
341 West Beltline Boulevard
Anderson, SC 29625
Phone: (864) 222-9798
Phone After Hours: (864) 516-5449
Web: www.carolinatreatmentcenters.com/anderson-sc/

Haven of Rest Ministries

Residential men's and women's bible-based discipleship programs for overcoming addiction.
219 West Whitner Street
Anderson, SC 29624
Phone: (864) 226-6193
Web: www.havenofrest.cc
Payment: services are free

Support Services

Mental Health America - Anderson County

Provides advocacy and education about mental illness as well as customized training programs and some support services.
P.O. Box 1925
Anderson, SC 29622
Phone: (864) 984-0635

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
3001 Martin Luther King Jr. Boulevard
Anderson, SC 29625
Phone: (864) 224-6391
Web: www.scvrd.net

NAMI Anderson-Oconee-Pickens

Provides free education, support groups, and advocacy to people with a mental illness and their families.
P.O. Box 45
Pendleton, SC 29670
Phone: (864) 882-5131
Email: michelleready@hotmail.com
Web: www.namiaop.org

Therapy

Anderson Center for Mindfulness

Offers therapy for children, adolescents, adults, families, and groups, specializing in anxiety, trauma, PTSD, depression, mood disorders, EMDR, and grief.
616 Bonham Court
Anderson, SC 29621
Phone: (864) 844-8019

*** ^Anderson-Oconee-Pickens Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
200 McGee Road
Anderson, SC 29625
Phone: (864) 260-2220
Child, Adolescent, and Family William E. Pascoe Center
515 A Camson Road
Anderson, SC 29625
Phone: (864) 716-2316
Web: www.aopmentalhealth.org
Payment: accepts Medicaid

^AnMed Health Psychiatry

Offers adult and geriatric services, individual supportive therapy and psychotherapy, counseling and intervention, medication management, and couples therapy.
400 North Fant Street, Suite D
Anderson, SC 29621
Phone: (864) 226-1166
Web: anmedhealth.org/Services/Additi-onal-Services/Behavioral-Health
Payment: accepts Medicaid

Brie Childress, LISW-CP, LLC

Offers therapy for adolescents, adults, and families, specializing in trauma, PTSD, dissociative disorders, depression, and LGBT issues.
2315 North Main Street, Suite 221B
Anderson, SC 29621
Phone: (864) 362-2631
Payment: accepts Medicaid

Carlene M. Wentworth, PhD, LPC

Offers therapy and counseling for adults, specializing in PTSD, depression, anxiety, addiction, anger, trauma, infidelity, and divorce.
4120 Clemson Boulevard, Suite E
Anderson, SC 29621
Phone: (864) 760-3150
Web: www.drcarlenewentworth.com
Payment: accepts Medicaid and offers a sliding scale

Counseling for Life

Offers psychotherapy and counseling services for individuals, couples, and families, specializing in anxiety, depression, parenting, mood disorder, dual diagnosis, sensory integration, adjustment disorder, PTSD, women's issues, and divorce.
125 Muddy Toes Drive
Anderson, SC 29626
Phone: (864) 353-3384
Web: www.counseling4life.net
Payment: accepts Medicaid

^Dana Wiley, MD, P.A.

Offers comprehensive psychiatric and psychological services including depression, anxiety disorders, counseling, healthy nutrition, and suboxone therapy.
4325-A Old Mill Road, Suite 2B
Anderson, SC 29621
Phone: (864) 225-1195
Web: www.danawileymd.com

^Ernest C. Martin, MD, PA Behavioral Health Group

Provides outpatient treatment services for adults.
102 Buford Avenue
Anderson, SC 29621
Phone: (864) 261-9506
Web: www.ernestmartinmd.com

*** † Foothills Child Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
216 East Calhoun Street
Anderson, SC 29621
Phone: (864) 261-6111
Web: www.foothillsalliance.org

*** ^ Gateway Children's Mental Health Services**

Specializes in children and adolescents (ages birth to 18), offering general practice.
2406 North Main Street, Suite A
Anderson, SC 29621
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

Hopetown Counseling

Provides counseling for adults, specializing in anxiety, depression, spirituality, divorce, family conflict, life coaching, men's issues, and transitions.
2303 B Main Street
Anderson, SC 29621
Phone: (864) 559-8844
Email: thisishopetown@gmail.com
Web: www.thisishopetown.com

Inspiring Change Professional Counseling Services

Offers counseling for adolescents, adults, couples, families, and groups, specializing in mental health disorders, relationship issues, grief/loss, life transitions, anger, and divorce.
4120 Clemson Boulevard, Suite I
Anderson, SC 29621
Phone: (864) 724-7552
Email: info@inspiringchangesc.com
Web: www.inspiringchangesc.com

Life's Transitions

Provides therapy for adolescents and adults, specializing in addiction, anger management, emotional disturbance, and mood disorders.
2410 North Main Street
Anderson, SC 29621
Phone: (864) 712-4813
Payment: accepts Medicaid and offers a sliding scale

New Life Family Counseling

Offers therapy for children, adolescents, adults, couples, and families, specializing in Cognitive Behavioral Therapy, anxiety, relationship issues, and anger. 2135 North Main Street, Suite 201 Anderson, SC 29621 Phone: (864) 225-3937 Web: newlifefamilycounseling.vpweb.com

Restoring Hope Counseling, LLC

Offers counseling for children, adolescents, adults, and families, specializing in anxiety, women's issues, ADHD, adoption, mood disorders, family conflict, grief, life transitions, peer relationships, self-esteem, spirituality, and stress. 218 Tribble Street Anderson, SC 29625 Phone: (864) 642-1171 Web: www.arestoredhope.com

Stress Management Center

Offers psychotherapy and counseling for adults, specializing in anxiety, adjustment disorders, relationship issues, and stress management. 1115 Dunlap Road Anderson, SC 29621 Phone: (864) 225-0792 Web: www.fernviewcenterforwellbeing.com/stressmanagementcenter

*** † The Family Counseling Center of Anderson**

Provides counseling for children, adolescents, and families with behavioral and emotional challenges, specializing in trauma, parenting, anger, and victim therapy. 410 East Shockley Ferry Road Anderson, SC 29624 Phone: (864) 225-6266 Web: newfoundationschildren.com/nfhfc-who-we-are-and-what-we-do/family-counseling-center-anderson/ Payment: accepts Medicaid

Cherokee County

Rehabilitation

Cherokee County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse. 210 West Montgomery Street Gaffney, SC 29341 Phone: (864) 487-2721 Payment: accepts Medicaid

Clear Skye Treatment Centers

Provides comprehensive treatment services to assist individuals dealing with opiate addiction. 104 Willis Plaza Gaffney, SC 29341 Phone: 1-800-792-9030 Web: clearskyetreatmentcenters.com

Support Services

Mental Health America-Cherokee County

Provides advocacy and education about mental illness as well as customized training programs and some support services. 126 Foxfire Drive Gaffney, SC 29340 Email: clifmartha@aol.com

ReGenesis Community Health Center

Provides quality health care to the community. 1604 N. Limestone St. Gaffney, SC 29340 Phone: (864) 902-1000 Web: www.myrhc.org Payment: accepts Medicaid, offers a sliding scale

**SC Vocational Rehabilitation
Department**

Prepares and assists individuals with disabilities for employment.
364 Huntington Rd
Gaffney, SC 29341
Phone: (864) 489-9954
Web: www.scvrd.net

Therapy

*** ^ Cherokee Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders
125 East Robinson Street
Gaffney, SC 29340
Phone: (864) 487-2710
24-Hour Emergency On-Call Services:
1(800) 277-1366
Deaf/Hard of Hearing after hours contact: deaf hotline@scdmh.org
Payment: accepts Medicaid, offers a sliding scale

Epiphany Family Services

Offers counseling.
423 North Granard Street
Gaffney, SC 29341
Phone: (864) 649-1046

Outside of the Box Therapy

Offers individual and couples therapy for grief, trauma, caregiver support.
115 E Montgomery St #864
Gaffney, SC 29340
Phone (864) 597-9493
Web: outsideoftheboxtherapy.com
Payment: accepts Medicaid, offers a sliding scale

† SAFE Homes

Provides services to victims of sexual assault and domestic violence.
405 North Logan Street
Gaffney, SC 29341
Phone: (864) 583-9803
Web: www.shrcc.org

Sara Baker Counseling, LLC

Offers counseling services.
302 S. Limestone St. Suite 1
Gaffney, SC 29340
Phone: (864) 425-7076
Email:
sarabakercounseling@yahoo.com
Payment: accepts Medicaid

Chester County

Rehabilitation

Hazel Pittman Center

Provides adult and adolescent counseling and support services for substance use/abuse.
130 Hudson Street
Chester, SC 29706
Phone: (803) 377-8111
Web: www.hazelpittman.org
Payment: accepts Medicaid

Therapy

^ Catawba Community Mental Health Center - Chester Clinic

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
524 Doctors Court
Chester, SC 29706
Phone: (803) 581-8311
Payment: accepts Medicaid and offers a sliding scale

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.
135 Wylie Street
Chester, SC 29706
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org

Fairfield County

Rehabilitation

Fairfield Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.
200 Calhoun Street
Winnsboro, SC 29180
Phone: (803) 635-2335
Email: jjohnson@fairfieldbhs.org
Web: www.fairfieldbhs.org
Payment: accepts Medicaid and offers a sliding scale

Therapy

*** ^ Columbia Area Mental Health Center Fairfield County Clinic**

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
1073 US Highway 321 Bypass South
Winnsboro, SC 29180
Phone: (803) 898-0123
Web: www.state.sc.us/dmh/camhc/index.html
Payment: accepts Medicaid and offers a sliding scale

Eau Claire Cooperative Health Center Ridgeway Family Practice

Offers counseling for children and offers medication management and counseling for adolescents and adults. Family medicine and dental services are also offered at this practice.
755 US Highway 21 South
Ridgeway, SC 29130
Phone: (803) 337-2920
Web: www.ecchc.org/Locations/RidgewayFamilyPractice
Payment: accepts Medicaid and offers a sliding scale

Watertree Counseling Boutique

Offers Counseling for adults, couples, families, and groups, specializing in relationship issues, aging, grief, dream work, life transitions, coping skills, and self-esteem.
Watertree Counseling Boutique
Lake Watertree, Ridgeway, SC 29130
Phone: (803) 252-1866
Email: donna@watertreecounseling.com
Web: www.watereecounseling.com

Greenville County

Rehabilitation

^ A New Crossroad

Treats addiction through Medication Assisted Treatment for recovery from opioids and other drugs. Also provides individual and group therapy.
206 Wall Street
Piedmont, SC 29673
Phone: (864) 295-1280
Web: www.anewcrossroad.com

^ Crossroads Treatment Center of Greenville

Provides outpatient rehabilitation for opiate addiction.
157 Brozzini Court, Suite A-D
Greenville, SC 29615
Phone: (800) 805-6989
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

Don Foster and Associates

Provides substance use treatment services.
104 Mills Avenue
Greenville, SC 29605
Phone: (864) 235-5666

FAVOR Greenville

Offers addiction recovery coaching services and peer support groups.
355 Woodruff Road, Suite 303
Greenville, SC 29607
Phone: (864) 385-7757
Email: info@favorgreenville.org
Web: www.favorgreenville.org
Payment: does not charge for services or bill insurance companies

^ Greenville Metro Treatment Center

Provides opioid addiction treatment and recovery services including medically supervised withdrawal, Medication Assisted Treatment and counseling.
602 Airport Road, Suite C
Greenville, SC 29607
Phone: (864) 234-7952

Hope for Families Recovery Center

Provides adolescents, adults, and families treatment for alcohol and drug abuse.
136 Milestone Way
Greenville, SC 29615
Phone: (864) 906-2395
Email: appointments@hffrc.com
Web: hopeforfamiliesrecoverycenter.com

Miracle Hill Overcomers Center

Offers a 27-week Christian-based addiction recovery program for men.
1916 North Pleasantburg Drive.
Greenville SC 29609
Phone: 864-631-0088
Web: www.miraclehill.org/how-we-help/addiction-recovery/overcomers-program/

Miracle Hill Renewal Center

Offers a 6-month Christian-based addiction recovery program for women.
19 Graves Drive
Greenville, SC 29609
Phone: 864-242-2166
Web: www.miraclehill.org/how-we-help/addiction-recovery/miracle-hill-renewal-program/

^ Pavillon Greenville Outpatient Services

Offers outpatient treatment for adults with substance use disorders and any co-occurring disorders.
101 Pelham Commons Boulevard
Greenville, SC 29615
Phone: (864) 241-6688
Web: www.pavillon.org/iop.php

Solutions Recovery Center

Offers sober living and outpatient services for adults with substance abuse disorders.
207 West Antrim Drive
Greenville, SC 29607
Phone: (864) 567-7010
Web: solutionsrecoverycenter.com

The Phoenix Center

Drug addiction treatment center providing inpatient and outpatient services for adults and adolescents, detoxification services for adults, and a program for children who live in substance abusing families.
1400 Cleveland Street
Greenville, SC 29607
Phone: 864-467-3790
Help Line: 864-467-4747
Web: www.phoenixcenter.org

Turning Point of South Carolina

Offers programs for healing from addiction.
24 Bruce Rd
Greenville, SC 29605
Phone: 864-299-0090
Web: www.turningpointofsc.org

Support Services

Alzheimer's Association

Provides advocacy, education, and support for people living with Alzheimer's and for all of those impacted by Alzheimer's including caregivers.

123 Antrim Drive
Greenville, SC 29607
Phone: (864) 250-0029
Web: www.alz.org/sc

Gateway

Provides employment services, housing, and a day program for individuals with persistent mental illness.

415 Rutherford Street
Greenville, SC 29609
Phone: (864) 242-9193
Web: www.gateway-sc.org
Payment: accepts Medicaid

McKinney House

Specialized housing for deaf individuals with mental illness who are clients with the Department of Mental Health
307 Miller Road
Mauldin, SC 29662
Phone: (864) 297-5044
Web: www.mhagc.org/mckinney-house.php

Mental Health America of Greenville County

Provides advocacy and education about mental illness as well as customized training programs and some support services.

429 North Main Street, Suite 2
Greenville, SC 29601
CRISISline: (864) 271-8888
Phone: (864) 467-3344
Web: www.mhagc.org

NAMI Greenville

Provides free education, support groups, and advocacy to people with a mental illness and their families.

2303 East North Street, Suite L
Greenville, SC 29607
Phone: (864) 331-3300
Email: info@namigreenville.org
Web: www.namigreenville.org

South Carolina Autism Society

Provides support services and referral for families with children with Autism.

Main Office:
806 12th Street
West Columbia, SC 29169
Case Management Satellite Office:
318 Prado Way
Greenville, SC 29607
Phone: (864) 609-4950
Web: www.scautism.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

105 Parkins Mill Road
Greenville, SC 29607
Phone: (864) 297-3066
Web: www.scvrd.net

Upstate Warrior Solution

Offers support services to former and current military and their families.

3 Caledon Court, Suite 2A
Greenville, SC 29615
Phone: (864) 520-2073
Email: info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org

Therapy

An Inner View Counseling & Consult Services, LLC

Offers counseling to adolescents, adults, couples, and families, specializing in anxiety, stress, and depression.

3114 Highway 153, Suite G
Piedmont, SC 29673
Phone: (864) 343-8734
Payment: offers a sliding scale

Associates at Park Avenue

Offers coaching, psychological evaluations, relationship counseling, and psychotherapy and counseling for a range of mental health concerns.

101 East Park Avenue
Greenville, SC 29601
Phone: (864) 271-2740
Email: associatesatparkavenue@gmail.com
Web: associatesatparkavenue.net

B. McDonald Therapy, LLC

Provides therapy for adolescents, adults, and the LGBTQ population, specializing in anxiety, OCD, suicidality, depression, self-harm, borderline personality disorder, and body-focused repetitive behaviors.

37 Villa Road, Suite 206
Greenville, SC 29615
Phone: (864) 248-6012
Web: www.bmcdonaldtherapy.com
Email: bmcdonaldtherapy@gmail.com

*** Bay Laurel Center for Psychotherapy**

Offers child, adolescent, adult, and family therapy, specializing in anxiety, depression, behavioral issues, life transitions, parenting, mood regulation, play therapy, trauma, and ODD.

110 Manly Street
Greenville, SC 29601
Phone: (864) 298-8026
Web: www.baylaureltherapy.com

Bennefield & Associates, LLC

Offers counseling to children, adults, adolescents, and couples specializing in trauma, PTSD, and mood disorders.
400 C South Main Street
Mauldin, SC 29662
Phone: (864) 293-7575
Payment: accepts Medicaid and offers a sliding scale

Blue Ridge Counseling Services, LLC

Offers counseling to adolescents and adults, specializing in alcohol/drug dependency, stress, PTSD, anger, childhood trauma, and EMDR.
1 Chick Springs Road, Suite 216 C
Greenville, SC 29609
Phone: (864) 421-7777
Web: blueridgecounseling.info

Breckenridge Counseling Services, LLC

Offers cancer support, caregiver support, and stress management.
200 North Main Street, Suite 301E
Greenville, SC 29601
Phone: (732) 245-8505
Web: www.shervanfossan.com
Payment: accepts Medicaid

Browning Geriatric Consulting, LLC

Provides counseling specializing in aging, life changes, caregiver stress, adjustment, and family dynamics.
311 Mills Avenue
Greenville, SC 29605
Phone: (864) 233-5260
Email: administrator@browninggeriatric.com
Web: www.browninggeriatric.com

Burke's Consulting, LLC

Offers marriage/relationship, individual, and group counseling.
1200 Woodruff Road
Greenville, SC 29607
Phone: (864) 527-1253
Web: www.burkescounseling.org

Canterbury Counseling Center

Provides pastoral counseling services.
7 Pettigru Street
Greenville, SC 29601
Phone: (864) 235-7501
Email: help@canterburycounseling.org
Web: canterburycounseling.org
Payment: offers a sliding scale fee

*** Carolina Center for Counseling & Behavioral Interventions, LLC**

Provides counseling for children, adolescents, adults, and families, specializing in depression, bipolar disorder, anxiety, PTSD, ADHD, and autism spectrum disorders.
421 South East Main Street, Suite 201
Simpsonville, SC 29681
Phone: (864) 963-4028
Web: www.cccbi.net

Carolina Counseling and Consulting, LLC

Provides therapy services for children, adolescents, and adults.
10 West Pointe Boulevard
Mauldin, SC 29662
Phone: (864) 675-1350

Carolina Counseling Partners

Offers therapy for adolescents, adults, couples, and families, specializing in anxiety, depression, grief, trauma, ADHD, transitions, and relationships.
3150 South Highway 14
Greenville, SC 29615
Web: carolinacounselingpartners.com

Cheryl B. Wells, MS, LPC, CEDS

Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, depression, eating disorders, and body image.
2 Shannon Creek Court
Greenville, SC 29615
Phone: (864) 404-1200

Choices for Change Counseling, PC

Offers counseling for adolescents, adults, families, and groups, specializing in ODD, grief, anger, mood issues, and sexual abuse.
25 Woods Lake Road
Greenville, SC 29607
Phone: (864) 553-6741
Email: ronnie@choicesforchangecounseling.org
Web: choicesforchangecounseling.org
Payment: accepts Medicaid

Clarify Counseling DBT

Offers DBT for children, adolescents, and adults.
14 Manly Street
Greenville, SC 29601
Phone: (864) 634-4876

Clear Path Family Therapy

Offers individual and couples therapy.
198 Roper Mountain Rd Ext., Suite C
Greenville, SC 29615
Phone: (864) 670-2070
Email: ashley@clearpaththerapyservices.com
Web: clearpaththerapyservices.com

† Compass of Carolina

Offers counseling for children, adults, adolescents, couples and families.
1100 Rutherford Road
Greenville, SC 29609
Phone: (864) 467-3434
Email: info@compassofcarolina.org
Web: www.compassofcarolina.org
Payment: offers a sliding scale

Crockett Assessment & Trauma Services

Offers therapy to adults, specializing in trauma, PTSD, depression, and traumatic brain injury.
30 Memorial Medical Drive
Greenville, SC 29605
Phone: (864) 501-5938

Cynthia K. Whitaker, LISW-CP

Provides counseling to adults and couples, specializing in the female reproductive tract, relationship problems, panic disorder, PTSD, sexual disorders, anxiety, pain, stress, depression, menopause, and grief.
101 Halton Village
Greenville, SC 29607
Phone: (864) 455-1600

^ Dana Wiley, MD, P.A.

Offers psychiatric and psychological services including nutrition, anxiety, depression, and suboxone therapy.
102 Commons Boulevard, Suite C
Piedmont, SC 29673
Phone: (864) 220-9115
Web: www.danawileymd.com

Debbie Plonkey, MS, LMFT

Provides individual, couples, and family therapy, specializing in anxiety, depression, IMAGO relationships, and addiction/recovery.
702 East Washington Street
Greenville, SC 29601
Phone: (864) 627-9968
Web: www.dplonkeytherapy.com
Email: debbie@dplonkeytherapy.com

Deborah K. Leporowski, Psy.D., LLC

Offers child, adolescent, and adult services, specializing in assessment, PTSD, diagnostic clarification, expert witness testimony, and CALOCAS.
124 Edinburgh Court, Suite 105
Greenville, SC 29607
Phone: (864) 752-7577
Web: www.drleporowski.com

Destination Greatness, PLLC

Offers services to families, couples, adults, and adolescents, specializing in depression, anxiety, and addiction.
1 Chick Springs Road, Suite 214F
Greenville, SC 29609
Phone: (864) 354-9985
Web: destinationgreatnesspllc.org
Payment: accepts Medicaid and offers a sliding scale

Eastside Family Therapy Associates

Offers adolescent, adult, couples, and family counseling, specializing in grief, anxiety, depression, trauma, eating disorders, and relationships.
28 Parkway Commons Way
Greer, SC 29650
Phone: (864) 879-4388
Web: eastsidefamilytherapy.net

Evolve Psychotherapy, LLC

Provides services to individuals with eating disorders and disordered eating
216 Adley Way
Greenville, SC 29607
Phone: (864) 605-3545
Web: evolvepsychotherapy.net

Family Alliance Counseling Services, LLC

Offers individual, couples, and family services for depression, anxiety, anger, trauma, and life transitions.
25 Woodslake Road, Suite 706
Greenville, SC 29607
Phone: (864) 238-0590
Web: www.familyallianceccs.com

Family Restoration Counseling Services, LLC

Offers individual, family, and group counseling specializing in adoptions, foster care, anxiety, trauma, EMDR, and visual disability
101B Hospital Drive
Simpsonville, SC 29681
Phone: (864) 688-2618
Web: www.frcounseling.net

Family Therapy and Trauma Center

Offers services to adults, couples, and groups, specializing in veterans, PTSD, and marriage and family.
311 Bennett Center Drive
Greer, SC 29650
Phone (864) 968-9687

^ FastBraiiin Greenville

Offers services for children, adolescents, and adults with ADHD
201-B Old Boiling Springs Road
Greer, SC 29650
Phone: (864) 558-0092
Web: www.fastbraiin.com

*** † Forensic Counseling Associates, P.C.**

Works with children, adolescents, and adults, specializing in sexual abuse, anxiety, PTSD, ODD, and depression.
124 Edinburgh Court, Suite 105
Greenville, SC 29607
Phone: (864) 607-2833
Email: dmstabp@gmail.com
Payment: accepts Medicaid and offers a sliding scale

*** ^ Gateway Children's Mental Health Services**

Offers general practice for birth to 18.
515 West Butler Road, Suite A
Greenville, SC 29607
721 Lowndes Hill Road, Suite A
Greenville, SC 29607
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

*** GIFT Counseling Center for Wellness, LLC**

Offers individual counseling services including play therapy, EMDR, and trauma-focused treatment.
119 Manly Street
Greenville, SC 29601
Phone: (864) 534-1224
Email: office@giftcounselingcenter.com
Web: www.giftcounselingcenter.com

Ginger Culbertson, MSW, LISW-CP

Offers counseling for children, adults, and adolescents, specializing in EMDR, trauma, relationships, anger, bipolar disorders, depression, and spirituality.
414 Pettigru Street, Suite E
Greenville, SC 29601
Phone: (864) 242-1807

Grace Jones Family Therapy, LLC

Offers individual, couples, and family therapy for anxiety, eating disorders, body image, coping skills, depression, self-esteem, and bipolar disorder.
28 Parkway Commons Way
Greer, SC 29650
Phone: (864) 990-5617
Web: gracejonesfamilytherapy.com
Email: gracejonesfamilytherapy@gmail.com

^ Greenville ADHD Specialists, PA

Provides testing, individualized treatment plans, and medication management for ADHD.
211 East Butler Road
Mauldin, SC 29662
Phone: (864) 305-1662
Web: www.greenvilleadhd.com

Greenville Counseling Associates

Offers Christian adolescent, adult, couples, and family counseling, specializing in trauma, anxiety, depression, bipolar disorders, eating disorders, grief, and ADD/ADHD.

4 Parkway Commons Way

Greer, SC 29650

Phone: (864) 877-7025

1627 East North Street

Greenville, SC 29607

Web: www.greenvillecounseling.com/

* ^ **Greenville Health System**

Department of Psychiatry and Behavioral Medicine

Offers acute inpatient, intensive outpatient, and psychiatry outpatient care for children, adolescents, and adults.

701 Grove Road

Greenville, SC 29605

Phone: (864) 455-8988

Web: www.ghspsych.org

* ^ **Greenville Mental Health Center**

Offers services to adults, children, and families affected by serious mental illnesses and emotional disorders

124 Mallard Street

Greenville, SC 29601

Phone: (864) 241-1040

Web: greenvillementalhealth.com/

Payment: accepts Medicaid

Greenville Relationship Institute

Offers counseling to individuals and couples, specializing in Emotionally Focused Couples Therapy, relationship distress, and marriage enrichment.

710 Pettigru Street

Greenville, SC 29601

Phone: (864) 990-4442

Web:

greenvillemarriagecounseling.com

Email: info@greenvillemarriagecounseling.com

Payment: offers a sliding scale

Gregory S. Smith & Associates

Offers counseling for children, adolescents, and adults for mental disorders, addiction, and trauma.

161 Landmark Drive

Taylors, SC 29687

Phone: (864) 244-0154

Web: gregorysmithcounseling.com

Payment: accepts Medicaid

Hal Stewart, LPC, LLC

Offers counseling for adolescents, adults, and couples, specializing in sex addiction, sexually compulsive behavior, infidelity, and relationships.

12 Pelham Road

Greenville, SC 29615

Phone: (864) 397-5970

Halsey Counseling and Educational Center

Provides psychoeducational evaluations for learning disabilities and ADD/ADHD, and provides individual, group, and family therapy.

1326 Haywood Road, Suite 101

Greenville, SC 29615

Phone: (864) 527-5910

Web: www.halseycounseling.com

Happy Hooves

Offers equine therapy for children and adults with special needs.

4700 Dacusville Highway

Marietta, SC 29661

Phone: (864) 898-0043

Email: happyhoovessc@aol.com

Web: www.happyhoovessc.com

^ **Havenwood Behavioral Health**

Offers inpatient adult behavioral health and substance use services.

1 Havenwood Lane, Suite A

Travelers Rest, SC 29690

Phone: (864) 660-6217

Web: www.havenwoodbehavioral.com

* **Hope & Healing Family Counseling, LLC**

Offers counseling to individuals, couples, and families, specializing in childhood emotional and behavioral disorders, PTSD, mood disorders, grief, and relationships.

212 Whitsett Street

Greenville, SC 29601

Phone: (864) 430-5326

Web: www.hopeandhealingfc.com

Payment: offers a sliding scale

Illuminate Upstate

Offers counseling for adolescents and adults, specializing in anxiety, depression, substances, eating disorders, self-harm, divorce, trauma.

101 East Park Avenue

Greenville, SC 29601

Phone: (864) 380-6889

Web: www.illuminateupstate.com

^ **iTrust Wellness Group, LLC**

Offers mental health services to all ages, specializing in addiction, grief, anxiety, depression, bipolar, PTSD, panic disorder, OCD, and schizophrenia

111 Commons Way

Greenville, SC 29611

Phone: (864) 520-2020

Web: www.itrustwellnessgroup.com

Jeanna Smith Counseling

Offers counseling for individuals, couples, and families, specializing in relationships, trust, blended families, grief, trauma, depression, and anxiety.

200 North Main Street

Greer, SC 29651

Phone (864) 977-1296

Payment: offers a sliding scale

Jonathan Kittel Counseling

Offers counseling for children, adults, adolescents, couples, and families.

156 Milestone Way, Suite D

Greenville, SC 29615

Phone: (864) 214-2084

Email: jonathan@jonathankittelcounseling.com

Web: jonathankittelcounseling.com

Joseph Feleppa, MSW, LISW-CP

Provides individual outpatient therapy for adults with substance use disorders, depression, anxiety, and panic disorder.
101 Pelham Commons Boulevard
Greenville, SC 29645
Phone: (864) 275-3419
Web: www.joefeleppatherapy.com

Joy D. Bennet, LISW-CP

Specializes in therapy for children, adults, couples, and divorcing and blended families.
109 Laurens Road, Suite 4-D
Greenville, SC 29607
Phone: (864) 230-6300
Email: joy@joybennet.org
Web: www.joybennet.org

Judith Alexander, MSW

Specializes in EMDR, depression, anxiety, trauma, grief, spiritual issues, and couples counseling.
315 Miller Road
Greenville, SC 29662
Phone: (864) 232-9922
Email: judithalexandermsw@gmail.com
Web: www.judithalexandermsw.com

Keystone Counseling and Consulting, LLC

Offers individual, marriage, and family therapy.
3443 Pelham Road, Suite 300
Greenville, SC 29615
Phone: (864) 297-5377
Web: www.keystonehw.com

Living Bread

Offers mental health and nutrition counseling for eating disorders.
1627 East North Street
Greenville, SC 29607
Phone: (864) 660-9407
Web: www.livingbreadgreenville.org
Payment: offers a sliding scale

*** Margaret W. Lee, Med, LPC**

Provides counseling for children, adolescents, and adults, specializing in ADHD, addiction, anxiety, mood, divorce, grief, and play therapy.
412 Pettigru Street
Greenville, SC 29601
Phone: (864) 250-0229
Web: healingheartandmind.com

Marley J. Wolf M.Ed LPC Counseling Services

Offers individual, couples, and family counseling, specializing in anxiety, depression, parenting, grief, career issues, stress, addiction, and conflict.
6 West Pointe Boulevard
Mauldin, SC 29662
Phone: (864) 360-4287
Web: marleyjwolfecounseling.com
Email: info@marleyjwolfecounseling.com

McCall Counseling and Therapy, LLC

Offers counseling for adolescents and adults, specializing in trauma, PTSD, substance abuse, and relationships.
508-A Pettigru Street
Greenville, SC 29601
Phone: (864) 270-9324

Melissa Panasko, LISW-CP

Offers counseling for adolescents and adults, specializing in grief, anxiety, depression, eating disorders, mood disorders, and relationships.
7C Cleveland Court
Greenville, SC 29607
Phone: (864) 270-2753
Web: www.melissapanasko.com

Meredith Manker, LPC, PA

Offers individual, couples, and family counseling, specializing in depression, anxiety, grief, stress, addiction, anger, and elder care issues.
250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (864) 630-6185

Meredith Manker, LPC, PA

Provides individual, couples, and family counseling, specializing in depression, anxiety, grief, stress, addiction, anger, and elder care issues.
250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (864) 630-6185
Web: www.meredithmanker.com
Email: meredithmanker@gmail.com

Mind Renewal Services, LLC

Provides individual, family, and group counseling, specializing in child abuse, behavior, depression, CALOCUS, Autism, HIV, and parenting.
10 Century Drive, Suite B
Greenville, SC 29607
Phone: (864) 509-9087 x101
Web: mindrenewalservicesllc.com
Payment: accepts Medicaid

New Beginnings Palmetto

Provides counseling for individuals, couples, and families, specializing in grief, military PTSD, work and career issues, stress, addiction, and conflict.
216 Adley Way
Greenville, SC 29607
Phone: (864) 356-3184
Email: rosa@newbeginningspalmetto.com
Web: newbeginningspalmetto.com
Payment: offers a sliding scale

^ New Hope Behavioral Health

Provides psychiatric services and counseling for addictions and mental health diagnoses.
81 Pointe Circle, Suite A
Greenville, SC 29615
Phone: (864) 608-4578
Web: newhopebehavioralhealth.com

New Horizon Family Health Services

Offers behavioral health care services
975 West Faris Road
Greenville, SC 29605
Phone: (864) 729-8330
1588 Geer Highway
Travelers Rest, SC 29690
Phone: (864) 836-1109
111-A Berry Avenue
Greer, SC 29651
Phone: (864) 801-2035
Web: www.newhorizonfhs.org
Payment: offers a sliding fee

† New Leaf Counseling LLC

Specializes in ages 16+, domestic violence, couples counseling, divorce, stress, and sexual assault
3443 Pelham Road, Suite 200
Greenville, SC 29615
Phone: (864) 612-3004
Web: newleafcounselingllc.com

^ North Hills Medical Center

Offers general psychiatric services.
800 Pelham Road
Greenville, SC 29615
Phone: (864) 234-5800
Web: northhillsmedicalcenter.net
Payment: accepts Medicaid

North Main Counseling

Offers counseling for adolescents, adults, couples, families, and groups, specializing in adjustment, emotional and behavioral problems, and ADHD.
702 Pettigru Street
Greenville, SC 29601
Phone: (864) 232-2212
Email: info@northmaincounseling.com
Web: northmaincounseling.com

Optima Counseling and Consulting, LLC

Offers counseling to adolescents and adults, specializing in LGBT issues, dementia, grief, loss, and adjustment.
3505 Pelham Road Suite B
Greenville, SC 29615
Phone: (864) 762-4355

*** Palmetto Family Works, LLC**

Provides individual, family, and group counseling, specializing in stress, play therapy, depression, anxiety, trauma, grief, career issues, and conflict.
102 Renaissance Circle
Mauldin, SC 29662
Phone: (864) 538-6906
Web: palmettofamilyworks.com
Payment: accepts Medicaid and offers a sliding scale

Pam Amatucci, LISW-CP

Specializes in mood, stress, anxiety, anger, ADHD, adjustment, trauma, relationships, grief, and pet therapy.
5 Center Street
Travelers Rest, SC 29690
Phone: (864) 832-0186 x4
Payment: offers a sliding scale

*** Pathways Counseling Center, LLC**

Offers counseling to children, adults and adolescents, specializing in OCD, grief, ADHD, chronic illness, anxiety, development disorder, and depression
58 Parkway Commons Way
Greer, SC 29650
Phone: (864) 561-1133
Web: www.pathwaysofgreenville.com

Pettigru Counseling Associates, Inc.

Offers psychotherapy to individuals, couples, families, and groups, specializing in depression, anxiety, stress, trauma, blended families, divorce, adoption, and relationships.
405 Pettigru Street
Greenville, SC 29601
Phone: (864) 271-3549
Web: www.pettigrucounseling.com

*** ^ Piedmont Center for Mental Health Services**

Provides assessment, psychotherapy, treatment services, and day programs to adults, children, and their families experiencing mental health issues.

Greer Office
220 Executive Drive
Greer, SC 29651
Phone: (864) 879-2111
Simpsonville Office
20 Powderhorn Rd
Simpsonville, SC 29681
Phone: (864) 963-3421
Rainbow House
900 West Poinsett Street
Greer, SC 29650
Sunshine House
526 Main Street
Simpsonville, SC 29681
Web:
www.state.sc.us/dmh/piedmont/contact.html

^ Piedmont Psychiatric Services

Provides psychiatric care and psychotherapy services to adults, children, adolescents, and geriatrics.
2094 Woodruff Road
Greenville, SC 29607
Phone: (864) 676-9211
Web: www.piedmontonline.com

^ Poinsett Psychiatric Innovations, PA

Provides psychiatric intake evaluation, medical management, neuropsychological testing, and individual and group therapy.
414 Pettigru Street, Suite C
Greenville, SC 29601
Phone: (864) 404-9706
Email:
gabriel@psychiatryinnovations.com
Web: psychiatryinnovations.com

^ Psychiatry of Greenville

Provides psychiatric evaluation and medication management for adults, and adolescents with depression, bipolar, anxiety, eating disorders, psychotic disorders. and ADHD/ADD.
12 Maple Tree Court, Suite 201
Greenville, SC 29615
Phone: (864) 315-3736
Web: psychiatryofgreenville.com

Queen Counseling Services

Provides counseling to individuals, couples, and families, specializing in stress, anxiety, depression, grief, relationships, changes, and parenting.
2 Sevier Street, Suite 2A
Greenville, SC 29605
Phone: (864) 918-6416
Web: queencounselingservices.com
Email:
josh@queencounselingservices.com

Reedy River Counseling Associates

Offers evidence-based treatment for a variety of issues including eating disorders, feeding disorder, nutrition, trauma, PTSD, anxiety, depression, bipolar disorders, abuse, ADD/ADHD, and relationships.

1 Chick Springs Road, Suite 103
Greenville, SC 29609
Phone: (864) 626-3696
Web: reedyrivercounseling.com

Renewal Life Counseling, LLC

Offers individual and group therapy, specializing in anxiety, mood disorders, stress, grief, trauma, and relationships.

127 A Commons Way
Greenville, SC 29611
Phone: (864) 416-4560
Web: renewallifecounseling.com
Email:
info@renewallifecounseling.com
Payment: accepts Medicaid

Reproductive Journey Counseling and Support

Offers individual and couples counseling, specializing in infertility, pregnancy or postpartum distress, pregnancy or infant loss, traumatic childbirth, and adjustment to parenthood.

25 Woods Lake Road, Suite 712
Greenville, SC 29607
Phone: (864) 242-0005
Web: www.reproductivejourney.com
Payment: offers sliding scale fees

*** ^ Richardson Psychiatry**

Provides medication management, supportive therapy, and consultations for children, adolescents, and adults.

5 Center Street
Travelers Rest, SC 29690
Phone (864) 436-1627
Web: www.aprilrichardsonmd.com

Riner Counseling, LLC

Provides individual, couples, and group, counseling, evaluations, and consultations, specializing in eating disorders, addiction, self-harm, OCD, trauma, ADHD, and career counseling.

1990 Augusta Street
Greenville, SC 29605
Phone: (864) 608-0446
Web: www.rinercounseling.com
Email:
drmarycatherine@rinercounseling.com

River Falls Counseling

Offers counseling services for adults, adolescents, couples, and families.

185 Riley Smith Drive
Greenville, SC 29615
Phone: (864) 907-4443
Payment: offers a sliding scale

*** Riverstone Family Counseling, LLC**

Offers child and adolescent, couples, family, and sports counseling.

137 Commons Way
Greenville, SC 29611
Phone: (864) 263-3039
Email:
contactus@riverstonefamily.com
Web: www.riverstonefamily.com
Payment: accepts Medicaid

Ross A. Collins, MS, LPC, NCC

Offers individual, couples, and family counseling, specializing in relational difficulties, and adjustment disorders.

250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (864) 380-5231
Web: www.rossacollins.com

† Safe Harbor

Offers services to victims of domestic violence including emergency shelter, counseling and case management, assistance with orders of protection, and transitional housing.

429 North Main Street
Greenville, SC 29601
Phone: (864) 467-1177
24-Hour Crisis Line: 1 (800) 291-2139
Web: www.safeharborsc.org

*** ^ Sherbondy's Psychiatric Solutions**

Offers psychiatric and therapeutic services including addiction, medication management, and individual, marriage, family, and play therapy.

225 Adley Way
Greenville, SC 29607
Phone: (864) 987-9747
Email:
sherbondys@sherbondyspsychiatric.com
Web: sherbondyspsychiatric.com

*** Shine Counseling Services, LLC**

Offers family, couples, teen, and child counseling, and group therapy.

3449 Pelham Road
Greenville, SC 29615
Phone: (864) 704-7809
Email:
danielle@shinecounselingservices.com
Web: shinecounselingservices.com

^ South Carolina Psychiatric Group

Offers medication management, clinical evaluations for psychiatric disorders, and opioid dependence treatment.

68 Parkway Commons Way
Greer, SC 29650
Phone: (864) 877-5688
Web: www.scpsychiatricgroup.com
Payment: accepts Medicaid

*** ^ Stephens Psychiatry**

Provides psychiatric evaluations and treatments for children, adolescents, and adults.

509 Pettigru Street
Greenville, SC 29601
Phone: (864) 520-1133
Web: www.stephenspsychiatry.com

*** Still Wind Ministries**

Offers counseling for children, adults, adolescents, couples, and families, specializing in adoption, trauma, abuse, neglect, and animal-assisted therapy.

111 Lovett Drive
Greenville, SC 29607
Phone: (864) 234-1150
Web: www.stillwindministries.org

Suntia Smith, MSW, LISW-CP
Provides individual, couples, and family counseling, including for members of the LGBT community.
3445 Pelham Road, Suite B
Greenville, SC 29615
Phone: (864) 559-8181
Web: www.suntiasmith.com
Payment: accepts Medicaid

Susanne Latessa
Offers counseling for adults, specializing in grief, loss, and spiritual direction.
8 Clarendon Avenue
Greenville, SC 29609
Phone: (864) 484-5707
Web: www.supportheals.com
Email: slatessa33@gmail.com

*** ^ Synergy Group Psychiatry**
Offers counseling for children, adults, and adolescents, and psychological, psychoeducational, adoption, and pre-surgical assessments.
127 West Antrim Drive
Greenville, SC 29607
Phone: (864) 239-4110
Web: www.synergysc.com

^ The Brewer Center for Psychiatry and Counseling
Offers individual, couples, and family therapy, specializing in ADHD, anxiety, depression, and medication management
121 Interstate Boulevard, Suite 2-A
Greenville, SC 29615
Phone: (864) 297-4275
Web: www.brewercenter.com

^ The Carolina Center for Behavioral Health
Offers treatment for teens, adults, and seniors with psychiatric and substance abuse disorders, and dual-diagnosis.
2700 East Phillips Road
Greer, SC 29650
Phone: (864) 235-2335
Web: www.thecarolinacenter.com
Payment: accepts Medicaid ages 12-21

The Cottage Counseling
Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, and depression.
710 Pettigru Street
Greenville, SC 29601
Phone: (864) 631-1035
Web: www.lynnvictoryrd.com

The Journey Home
Counseling for women, specializing in anxiety, depression, grief, emotional problems, abuse, change, and personality disorders.
710 Pettigru Street
Greenville, SC 29601
Phone: (864) 855-3231
Web: www.thejourneyhomellc.com

*** † The Julie Valentine Center**
Provides free, confidential services for sexual assault/child abuse survivors and their families, including child advocacy therapy, forensic interviews, rape crisis services, and adult therapy.
2905 White Horse Road
Greenville, SC 29611
Phone: (864) 331-0560
24/7 Crisis Hotline: (864) 467-3633
Web: www.julievalentinecenter.org

Thomas E. Thorsheim, PhD
Offers individual and group therapy and psychological assessment, specializing in anxiety, OCD, depression, grief, and addiction.
45 Greenland Drive
Greenville, SC 29615
Phone: (864) 421-0098
Web: www.drthorsheim.com

Three Springs DBT Group of Greenville County, LLC
Provides DBT which is useful for clients with bipolar disorder, depression, anxiety, PTSD or OCD.
14 Manly Street
Greenville, SC 29601
Phone: (864) 242-5551
Web: www.3springsdbt.com

Touchstone Counseling and Coaching
Offers counseling for individuals, couples, families, and groups, specializing in depression, anxiety, bipolar disorder, sexual abuse, domestic violence, grief, and stress.
105 Commons Way
Greenville, SC 29611
Phone: (864) 451-2258
Email: giovanna@touchstone-counseling.org
Web: touchstone-counseling.org
Payment: offers a sliding scale

Travelers Rest Counseling Associates, LLC
Offers individual and family therapy, couples counseling, and parent education.
128 South Main Street
Travelers Rest, SC 29690
Phone: (864) 918-5515
Web: travelersrestcounseling.com
Payment: some associates offer a sliding scale

Uplift Counseling Services, LLC
Offers individual therapy to adolescents and adults, specializing in OCD, coping, depression, anxiety, bipolar disorder, social skills, relationships, and family dynamics.
400 South Main Street, Suite C
Mauldin, SC 29662
Phone: (864) 458-8176
Web: www.uplifecounselingllc.com

Upstate Family Solutions, LLC
Offers counseling for individuals, couples, and families, specializing in relationships, depression, anxiety, abuse, divorce, grief, and trauma.
107 Sunbelt Court
Greer, SC 29650
Phone: (864) 354-5957
Email: amywoodmft@gmail.com
Web: upstatefamilysolutions.com

*** ^ Upstate Psychiatry, P.A.**

Provides psychiatric services to children and adults.
27 Memorial Medical Drive
Greenville, SC 29605
Phone: (864) 295-2221
Web: upstatepsychiatry.com

Upstate Recovery Center

Offers therapy to individuals, groups, couples, and families, specializing in sexual addiction, infidelity, partner trauma, depression, anxiety, and PTSD.
37 Villa Road
Greenville, SC 29615
Web: upstaterecoverycenter.com

Wendy Chaney Therapy Services

Provides individual, couples, and family therapy, specializing in ADHD, behavior, anger, relationships, anxiety, depression, mood, addiction, school issues, abuse, grief, and PTSD
345 Prado Way
Greenville, SC 29607
Phone: (864) 901-8845
Email: wendy@wendychaneyllc.com
Web: www.wendychaneyllc.com
Payment: accepts Medicaid

^ William M. Fisher, MD

Specializes in behaviors associated with Autism Spectrum Disorder
1 Havenwood Lane
Travelers Rest, SC 29690
Phone: (864) 834-8013
Payment: accepts Medicaid

Willow Tree Counseling

Offers counseling for teens, young adults, women, and members of the LGBTQ+ community.
9 Toy Street
Greenville, SC 29601
Phone: (864) 729-4184
Email:
info@willowtreecounselingsc.com
Web: willowtreecounselingsc.com
Payment: accepts Medicaid

† Wright Choice Consulting, LLC

Offers adolescent, adult, couples, and family services, specializing in behavior, mood, anger, domestic violence, behavior, mood, depression, parenting, and ADHD
250 South Pleasantburg Drive
Greenville, SC 29607
Phone: (866) 323-7760
Email:
wrightchoiceconsulting@gmail.com
Web: wrightchoiceconsulting.org

Yadira Baez-Lockard, PsyD, LLC

Offers individual, family, and group counseling, specializing in criminal forensic, clinical, psychosexual, and neuropsychological assessment and treatment.
102 Commons Boulevard, Suite C
Piedmont, SC 29673
Phone: (864) 501-0165
Payment: accepts Medicaid

Lancaster County

Rehabilitation

Counseling Services of Lancaster

Provides adult and adolescent counseling and support services for substance use/abuse.
114 South Main Street
Lancaster, SC 29720
Phone: (803) 285-6911
Web:
www.counselingserviceslancaster.org
Payment: accepts Medicaid

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
1150 Roddey Drive
Lancaster, SC 29720
Phone: (803) 285-6909
Web: www.scvrd.net

Therapy

* Horse "N" Around Therapeutic Riding Center

Offers equine therapy for children and adolescents with physical or developmental disabilities.
2593 North Rocky River Road
Lancaster, SC 29720
Phone: (704) 641-2146
Email: horsenararoundtrc@yahoo.com
Web: www.horsenararoundtrc.org
Payment: accepts Medicaid

^ Catawba Community Mental Health Center - Lancaster Clinic

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
1906 Highway 521 Bypass South
Lancaster, SC 29720
Phone: (803) 258-7456
Payment: accepts Medicaid and offers a sliding scale

* † Palmetto CASA - Children's Advocacy Center

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
106 North York Street
Lancaster, SC 29720
Phone: (803) 286-5232
Web: www.palmettocasa.org

Rebound Behavioral Health

Offers adult inpatient behavioral health and substance abuse treatment, specializing in depression, bipolar disorder, substance abuse, anxiety, PTSD, and co-occurring disorders.
134 East Rebound Road
Lancaster, SC 29720
Phone: (888) 641-8385
Web: reboundbehavioralhealth.com
Payment: accepts Medicaid for individuals ages 18-21 and 65+

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, anxiety, depression, grief, trauma, stress, addiction recovery, chronic illness, PTSD, and ADD/ADHD.
700 North Main Street
Lancaster, SC 29720
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org

Laurens County

Rehabilitation

GateWay Counseling Center

Provides adult and adolescent counseling and support services for substance use/abuse.
219 Human Services Road
Clinton, SC 29325
Phone: (864) 833-6500
Web: www.gatewaycounseling.org
Payment: accepts Medicaid

Support Services

Mental Health America - Laurens County

Provides advocacy and education about mental illness as well as customized training programs and some support services.
P.O. Box 369
Laurens, SC 29360
Phone: (864) 984-0635
Email: Tjohnson.mha@gmail.com

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
22861 Highway 67 E
Clinton, SC 29325
Phone: (864) 984-6563
Web: www.scvrd.net

Therapy

Community Care and Counseling of Laurens County

Offers counseling for adults, couples, and families, specializing in anxiety, depression, grief, stress management, trauma, and relationship and parenting issues.

300 West Main Street
Laurens, SC 29360
Phone: (864) 442-7585
Payment: offers a sliding scale

*** ^ Laurens Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

442 Professional Park Road
Clinton, SC 29325
Phone: (864) 938-0912
Web: www.beckmancenter.com
Payment: accepts Medicaid and offers a sliding scale

*** Let's Saddle Up Therapeutic Horsemanship**

Offers equine therapy for children, military veterans, and senior adults with physical, mental, social, or emotional challenges.

Solid Rock Stables
1907 Durbin Road
Fountain Inn, SC 29644
Mailing Address
554 Spring Road
Laurens, SC 29360
Phone: (864) 871-1744
Web: www.letsaddleup.org

Lumos Counseling Services

Offers therapy for adolescents, adults, and families, specializing in EMDR, Cognitive Behavioral Therapy (CBT), Solution Focused Therapy, Dialectical Behavior Therapy (DBT), and working with members of the LGBTQ+ community.

210 Physicians Park Drive, Suite S
Clinton, SC 29325
Phone: (864) 939-8224
Email:
jacob@lumoscounselingservices.com
Web: lumoscounselingservices.com

*** Palmetto Equestrian Therapeutic Riding Program**

Offers equine therapy for children, adolescents, and adults with cognitive, physical, social, and/or emotional disabilities.

PO Box 71
Clinton, SC 29325
Phone: (864) 923-4998
Email: petprogram@bellsouth.net
Web: www.petprogram.org

The Winding Road

Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, addiction, mood disorders, and trauma.

112 Henderson Lane
Laurens, SC 29360
Phone: (864) 683-8240
Web: www.thewindingroad.info
Payment: accepts Medicaid and offers a sliding scale

Newberry County

Rehabilitation

Westview Behavioral Health Services

Offers inpatient and outpatient services for individuals, couples, and families experiencing alcohol and substance abuse issues, as well as parenting and educational programs.
800 Main Street
Newberry, SC 29108
Phone: (803) 276-5690
Web: www.westviewbehavioral.org
Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
2601 Evans Street
Newberry, SC 29108
Phone: (803) 276-8438
Web: www.scvrd.net

Therapy

*** ^ Newberry Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
2043 Medical Park Drive
Newberry, SC 29108
Phone: (803) 276-8000
Web: www.beckmancenter.com
Payment: accepts Medicaid and offers a sliding scale

Oconee County

Rehabilitation

Anderson/Oconee Behavioral Health Services

Provides adult and adolescent counseling and support services for substance use/abuse.
691 South Oak Street
Seneca, SC 29678
Phone: (864) 260-4168
Email: aobhs@aobhs.org
Web: www.aobhs.org
Payment: accepts Medicaid and offers a sliding scale

^ Crossroads of Seneca

Provides outpatient rehabilitation for opiate addiction.
209 Oconee Square Drive
Seneca, SC 29678
Phone: (864) 888-2337
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
1951 Wells Highway
Seneca, SC 29678
Phone: (864) 882-6669
Web: www.scvrd.net

Therapy

*** ACG Counseling Center**

Offers counseling for children, adults, adolescents couples, and families, specializing in trauma, EMDR, anxiety, play therapy, depression, addiction, ADHD, ODD, anger, and emotional regulation.
111 North Earle Street
Walhalla, SC 29691
Phone: (864) 916-4349
Email: admin@acgcounseling.com
Web: www.acgcounseling.org
Payment: accepts Medicaid

*** Carolina Counseling Professionals**

Offers counseling for children, adults, adolescents, families, couples, and groups, specializing in equine assisted therapy, play therapy, trauma, anxiety, depression, transitions, and stress.
203 Central Park Lane, Suite A
Seneca, SC 29678
Phone: (864) 973-1359
Web: carolinacounselingprofessionals.com
Payment: accepts Medicaid

Cheryl Smart, LISW-CP

Offers counseling for adolescents and adults, specializing in depression, anxiety, trauma, stress, transitions, relationships, and health issues.
206 West North 1st Street, Suite C
Seneca, SC 29678
Phone: (864) 888-4211
Email: cheryl@cherylsmart.net
Web: cherylsmart.net/index.html

Fortitude Consulting, Counseling, and Supervision Services, LLC

Offers counseling for children, adolescents, adults, and families, specializing in trauma, PTSD, sexual abuse, veterans, anxiety, and mood disorders.
530 Bypass 123, Site E-2
Seneca, SC 29678
Phone: (864) 952-1219
Web: fortitudeccss.com

Jeanne Malmgren, MEd, LPC, NCC, CCTP

Offers counseling for adults and groups, specializing in midlife, aging, grief, trauma, depression, anxiety, anger, LGBTQ concern, and transitions.
206 West North 1st Street
Seneca, SC 29678
Phone: (864) 784-1077
Email: malmgrenjeanne@gmail.com
Web: upstatecounselor.com

*** ^ Oconee Mental Health Clinic**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

115 Carter Park Road

Seneca, SC 29678

Phone: (864) 855-0157

Web: www.aopmentalhealth.org

Payment: accepts Medicaid

Sherri S. Brown-Osborne, LISW-CP

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, working with the LGBTQ+ community, anxiety disorders, grief, trauma, and depression.

200 West North 1st Street

Seneca, SC 29678

Phone: (864) 610-5264

Payment: offers a sliding scale

Pickens County

Rehabilitation

Behavioral Health Services of Pickens County

Provides adult and adolescent counseling and support services for substance use/abuse.

309 East Main Street

Pickens, SC 29671

Phone: (864) 898-5800

Payment: accepts Medicaid and offers a sliding scale

Home with A Heart

Residential treatment for men struggling with alcohol and substance abuse that uses a 12-step and bible-centric approach to recovery.

220 James Mattison Road

Liberty, SC 29657

Phone: (864) 843-3058

Web: www.homewithaheart.com

Payment: services are free

^ Recovery Concepts, LLC

Offers Medication Assisted Opioid Dependence Treatment and services for co-occurring disorders.

1653 East Main Street

Easley, SC 29640

Phone: (864) 306-8533

Email:

director@recoveryconcepts.us

Web: www.recoveryconcepts.us

Therapy

Anchor of Hope Counseling

Offers individual, couples, and family therapy, specializing in building strong relationships, EMDR, grief, resilience, stress, and conflict.
110 Liberty Drive, Suite 203
Clemson, SC 29631
Phone: (864) 654-7858
Email:
hope@anchorofhopecounseling.com
Web: anchorofhopecounseling.com

Baptist Easley Pastoral Counseling Center

Offers individual, couples, and family counseling, specializing in marriage and family therapy, grief, anxiety, depression, and stress.
112 John Street, Suite 101
Easley, SC 29640
Phone: (864) 442-7585
Web: www.ghs.org/patients-visitors/visitor-info/spiritualcare/
Payment: offers a sliding scale

Counseling and Psychological Services of the Upstate

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, relationships, stress, anger, trauma, ADHD, and sport performance.
402-4 Pendleton Road
Clemson, SC 29631
Phone: (864) 633-0210
Email:
drruth@counselingpsychologyupstate.com
Web:
counselingpsychologyupstate.com

DMT Counseling

Offers counseling for adolescents and adults, specializing in anxiety, depression, grief, life transitions, dementia, and chronic health/pain.
406 Piedmont Road, Suite 4
Easley, SC 29642
Phone: (864) 616-1203
Email: towdenise@gmail.com
Web: www.dmtcounseling.com

Easley Counseling Services

Offers counseling for adolescents and adults, specializing in substance abuse, depression, ADHD, adjustment, trauma, PTSD, grief, and anxiety.
312 East First Avenue, Suite D
Easley, SC 29640
Phone: (864) 404-6724

Easley Counseling and Training Center

Offers individual, couple, and family counseling, specializing in adjustment disorders and relational difficulties.
406 Piedmont Road, Suite 5
Easley, SC 29642
Phone: (864) 380-5231
Web: www.rossacollins.com

Family Wellness Counseling Center

Offers counseling for children, adults, adolescents, and families, specializing in adoption issues, transitions, grief, divorce, and aging.
316 C West Main Street
Easley, SC 29671
Phone: (864) 561-6485
Email:
familywellnesscounseling@hotmail.com
Web:
www.sites.google.com/site/familywellness3/home
Payment: accepts Medicaid and offers a sliding scale

Foothills Community Health Care

A medical home that includes behavioral health services for children, adolescents, and adults, specializing in anxiety, depression, trauma, substance abuse recovery, and grief.
403 Hillcrest Drive, Suite E
Easley, SC 29640
Phone: (864) 343-1220
Web: www.myfchc.org
Payment: accepts Medicaid and offers a sliding scale

Kimberly Chastain, MS, LMFT

Offers therapy for adolescents, adults, and couples, specializing in marital and premarital counseling, family conflict, and anxiety.
406 Piedmont Road
Easley, SC 29642
Phone: (864) 220-1177
Email:
kimberly@kimberlychastain.com
Web: www.kimberlychastain.com
Payment: offers a sliding scale

Nature's Way Home Counseling and Life Coaching

Offers nature-based individual and couples counseling, specializing in equine-assisted therapy, anxiety, depression, PTSD, sexual abuse, grief, relationships, and stress.
P.O. Box 1233
Pickens, SC 29671
Phone: (864) 933-8000
Email: shellyascoach@gmail.com
Web: www.shellysmith.org

*** ^ Pickens Mental Health Clinic**

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.
337 West Main Street
Easley, SC 29640
Phone: (864) 878-6830
Web: www.aopmentalhealth.org
Payment: accepts Medicaid

Ravan Counseling Services

Offers counseling for adults, couples, families, and groups, specializing in anger, anxiety, depression, trauma, self-esteem, grief, transitions, phobias, relationships, divorce, and stress.

404-A East First Avenue

Easley, SC 29640

Phone: (864) 644-8251

Email: jrava.ucca@bellsouth.net

Web: www.ravancounseling.com

Payment: accepts Medicaid

*** Robin's Nest Counseling, LLC**

Offers therapy for children, adults, and adolescents, specializing in family therapy, family life adjustments, adolescent issues, grief, and families with children with chronic illness.

300 Couch Lane

Easley, SC 29642

Phone: (864) 553-6100

Web: www.robinsnestcounseling.com

Southern Solace Counseling, PC

Offers counseling for adolescents and adults, specializing in anxiety, stress, self-esteem, relationships, women's issues, and depression.

1011 Tiger Boulevard, Suite 610

Clemson, SC 29631

Phone: (864) 633-7937

Web: www.clemsoncounseling.com

The Family Doctor

Offers counseling for children, adults, adolescents, couples, and families, specializing in Marriage/Family therapy, addiction, divorce mediation, and psychological testing for personality disorders and ADD.

1011 Tiger Boulevard, Suite 610

Clemson, SC 29631

Phone: (864) 840-8644

The Journey Home

Provides counseling and support to women, specializing in anxiety, depression, grief, loss, abuse, life change, emotional problems, and personality disorders.

303 South First Street

Easley, SC 29640

Phone: (864) 855-3231

Web: www.thejourneyhomellc.com

*** The Well Center**

Offers counseling for children, adults, and adolescents, specializing in art therapy, transitions, anxiety, anger, depression, self-esteem, pregnancy and postpartum mental health.

209 Pendleton Road, Suite C

Clemson, SC 29631

Phone: (864) 383-1996

Email: ginny@wellcentertherapy.com

Web: www.wellcentertherapy.com

^ Upstate Carolina Counseling Associates

Offers counseling for children, adults, adolescents, and families, specializing in mood disorders, conflict, emotional disturbance, impulse control, and autism.

405-A East First Avenue

Easley, SC 29640

Phone: (864) 644-8251

Email: admin@UCCASC.com

Web: upstatecarolinacounseling.com

Payment: accepts Medicaid and offers a sliding scale

Upstate FORT (Family Oriented Recreation and Therapy)

Offers counseling for children, adults, adolescents, couples, and families, specializing in art therapy, transitions, self-esteem, parenting, and adventure therapy.

100 McCollum Street, Suite 2

Clemson, SC 29631

Phone: (864) 710-0391

Email: upstatefort@gmail.com

Web: www.upstatefort.com

Payment: offers a sliding scale

Spartanburg County

Rehabilitation

^ BHG Spartanburg Treatment Center
Specializes in opioid treatment through Medication-Assisted Treatment (MAT) and addiction counseling.
239 Access Road
Spartanburg, SC 29303
Phone: (864) 503-0207
Web: spartanburg.bhgrecovery.com
Payment: accepts Medicaid

Men's Facility:
144 Faith Home Rd.
Greenwood, SC 29649
Men's Facility:
180 Battleground Rd.
Cowpens, SC 29330
Phone: (864) 223-0694
Email: faithhomegwd@msn.com
Web: www.faithhomegwd.net

Celebrate Recovery / Hope Church
A Christ-based approach to addiction recovery
102 John Dodd Road
Spartanburg, SC 29303
Phone: (864) 497-4642
Email: lhillstock@yahoo.com

FAVOR Spartanburg
Offers addiction recovery coaching services and peer support groups.
Episcopal Church of the Advent
141 Advent Street
Spartanburg, SC 29302
Phone: (864) 940-1136
Email: favor@favorspartanburg.org
Web: www.favorgreenville.org
Payment: free

Faith Home Inc. Christian Rehabilitation for Alcoholics & Addicts
Provides rehabilitation for individuals with a substance abuse addiction.
Women's Facility:
309 Washington St.
Abbeville, SC 29620

GoForth Recovery
Offers housing and a structured environment that allows alcoholics and addicts to recover.
P.O. Box 6560
Spartanburg, SC 29304
Phone: (864) 586-5886
Email: info@goforthrecovery.com
Web: www.goforthrecovery.com

Mel-Med
Medication-assisted recovery for alcohol, opiates, and tobacco recovery.
1451 East Main Street, Suite 2A
Spartanburg, SC 29307
Phone: (864) 586-3979
Email: DrMel@Mel-Med.com
Web: www.Mel-Med.com

Palmetto Carolina Treatment Center, LLC
Specializes in opiate addiction treatment through Medication-Assisted Treatment (MAT) and counseling.
325 Inglesby Parkway, Unit F
Duncan, SC 29334
Phone: (864) 433-8443
Web: carolinatreatmentcenters.com/

The Forrester Center for Behavioral Health
Provides adult and adolescent counseling and support services for substance use/abuse.
187 W. Broad Street
Spartanburg, SC 29306
Phone: (864) 582-7588
Web: www.theforrestercenter.org
Payment: accepts Medicaid

Support Services

Access Health Spartanburg
Designed to be a link between the uninsured and local health professionals, AccessHealth guides eligible clients to a medical home.
631 N Church Street
Spartanburg, SC 29302
Phone: (864) 560-0190
Web: accesshealthspartanburg.org
Payment: free (must not have health insurance and live at or below 150% of the federal poverty level)

Alzheimer's Association
Provides advocacy, education, and support for people living with Alzheimer's and for all of those impacted by Alzheimer's including caregivers.
901 South Pine Street
Spartanburg, SC 29302
Phone: (864) 542-9998
Web: www.alz.org/sc

*** Family Connection of SC**

Family supports and trainings for families with a member that has a disability.
249 North Grove Medical Park Drive, Suite 200, Second floor
Spartanburg, SC 29303
Phone: (864) 585-5462
Email: info@familyconnectionsc.org
Web: www.familyconnectionsc.org

Mental Health America—Spartanburg

Provides advocacy and education about mental illness as well as customized training programs and some support services.
Phone: (864) 345-2523
Email: nholland@mha-sc.org

NAMI Spartanburg

Provides free education, support groups, and advocacy to people with a mental illness and their families.
187 W. Broad Street
Spartanburg, SC 20306
Phone: (864) 707-2814
Email: office@namispartanburgsc.org
Web: www.namispartanburgsc.org

New Day Clubhouse

Provides employment services, housing, as well as the day program for individuals with persistent mental illness.
325 South Church Street
Spartanburg, SC 29306
Phone: (864) 582-5431
Web: www.newdayclubhouse.com
Payment: accepts Medicaid

ReGenesis Community Health Center

Provides quality health care to our community.
Administration / Medical Offices:
460 Langdon Street
Spartanburg, SC 29306
Phone: (864) 582-2411
Phone: (864) 594-4465
Pediatrics/Teen Center & Pharmacy
750 South Church Street
Spartanburg, SC 29306
Phone: (864) 582-2411
Woodruff Office
220 Irby St.
Woodruff, SC 29388
Phone: (864) 670-9415
Web: www.myrhc.org
Payment: accepts Medicaid and offers a sliding scale

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
353 South Church St
Spartanburg SC 29306
Phone: (864) 585-3693
Web: www.scvrd.net

Upstate Warrior Solution

Offers support services to former and current military and their families.
160 East St. John Street, 3rd Floor
Spartanburg, SC 29306
Phone: (864) 977-1288
Email:
info@upstatewarriorsolution.org
Web: upstatewarriorsolution.org

Therapy

Almost Perfect Counseling

Specializes in adolescents through adults, individuals, couples, families, anxiety, depression, life changings.
1714 Boiling Springs Road
Boiling Springs, SC 29316
Phone: (864) 415-5068
Email:
almostperfectconsulting@gmail.com

Anna S Rickell, LISW CP

Offers counseling services for a variety of diagnosis including grief & trauma.
210 North Radcliff Way
Spartanburg, SC 29301
Phone: (864) 541-7286
Phone: (914) 714-3816
Email: anna@rickell.com

Ashley Kemp Counseling, LLC

Specializes in ages 15-65, depression, anxiety, trauma, CBT, DBT, and EMDR.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 932-3215

Betty Tysinger, Ph.D.

Specializes in young adults through elderly, couples and families.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 814-9801

*** Dr. Caleb Loring**

Provides individual therapy, parenting techniques and psychological assessments.
324 East Saint John Street, Suite B
Spartanburg, SC 29302
Phone: (864) 641-6979
Web: www.drcalebloring.com

Carrie H. Edmonds, LPC

Offers individual and family counseling.
561 East Main Street
Spartanburg, SC 29301
Phone: (864) 706-2265
Email: carrie@chelpc.com

† Children's Advocacy Center of Spartanburg, Cherokee, & Union

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
100 Washington Place
Spartanburg, SC 29302
Phone: (864) 515-9922, ext. 112
Web: cacsp.org

Coda Counseling

Specializes in age 4+, individuals and families, substance abuse, anxiety, OCD, depression, mood management, and grief/loss.

110 South Dean Street
Spartanburg, SC 29302
Phone: (864) 316-8242

Counseling on Pine

Specializes in ages 12+, individuals, anxiety, self-esteem, and life transitions.

378 South Pine Street, Suite 3
Spartanburg, SC 29302
Phone: (864) 568-0252

David G Heatherly, PhD

Specializes in children 10+, adults, individuals, couples and families.

707 East Main Street
Spartanburg, SC 29302
Phone: (864) 542-9601

Denise Levereaux, MSW

Specializes in adults, individuals, trauma, PTSD, anxiety and depression, work stress, divorce, family conflicts, and social stressors.

1953 Old Reidville Road
Spartanburg, SC 29301
Phone: (864) 680-0495
Web: dltherapy.com/

Don Foster and Associates, Inc.

Specializes in addiction, co-occurring disorders, and offender counseling.

975 Asheville Highway
Spartanburg, SC 29303
Phone: (864) 235-5666

Elena Mendez Counseling

Specializes in Asperger/high functioning Autism issues, children, adolescents, adults, individuals, couples, and families.

2165 Chesnee Highway
Spartanburg, SC 29303
Phone: (864) 237-5961
Web: elenamendezcounseling.com
Payment: offers a sliding scale

Elizabeth Perry Counseling, LLC

Specializes in individuals and couples with anxiety, depression, eating disorders, codependency, addiction recovery, and low self-esteem.

243 East Blackstock Road, Suite 3
Spartanburg, SC 29301
Phone: (864) 383-0248
Payment: accepts Medicaid and offers a sliding scale

*** Emerge Family Therapy Center & Teaching Clinic**

Provides individual, couples, marriage and family counseling.

138 Dillon Drive
Spartanburg, SC 29307
Phone: (864) 583-1010
Web: www.emergeftc.org
Payment: offers a sliding scale

Eubanks Peer Support Living Room

A safe space where individuals can find support and resources to prevent a behavioral health crisis.

358 Serpentine Drive
Spartanburg, SC 29303
Phone: (864) 591-3501

Family Builders Counseling Services

Offers individuals, couples, families, children, teenagers, and adults the opportunity to achieve their goals through the counseling process.

1965 Old Furnace Rd.
Boiling Springs SC 29316
Phone: (864) 327-6304
Email: kevin.cooksey@familybuilderscounseling.com
Web: familybuilderscounseling.com
Payment: accepts Medicaid

Full Circle Counseling

Specializes in ages 6+, adults, anxiety, bipolar, depression, substance abuse, parenting, marital issues

199 Spartanburg Hwy.
Lyman, SC 29365
Phone: (864) 559-8944
Payment: accepts Medicaid

*** Gateway Children's Mental Health Services**

Specializes in children and adolescents (ages birth to 18), offering general practice.

397 Serpentine Drive, Suite B
Spartanburg, SC 29303
Phone: (864) 406-6041
Email: referrals@gatewaychildrens.com
Web: www.gatewaychildrens.com
Payment: accepts Medicaid

Ginger Church, LPC-I

Specializes in teens, depression, anxiety, and divorce issues.

561 East Main Street
Spartanburg, SC 29302
Phone: (864) 909-0604
Payment: offers a sliding scale

Gordon Consulting and Counseling

Specializes in adults, individuals, couples, addictions and mood disorders.

167 Alabama Street
Spartanburg, SC 29302
Phone: (864) 921-5721

Grey Group

Specializes in adults, military, PTSD, adjustment disorders, grief/loss, anxiety and dual diagnosis.

958 East Main Street, Suite B
Spartanburg, SC 29302
Phone: (864) 817-9008
Web: www.greygroupcounseling.com

H&W Enterprises (Health and Wellness Outpatient Practice)

Provides individual, family, group and medication therapy.

1524 John B. White Sr. Boulevard, Suite 6
Spartanburg, SC 29301
Phone: (864) 586-3300
E-mail: tpeoples@hwenterprisesofnc.com
Web: healthandwellnessofsc.com

*** HALTER Therapeutic Riding Center**
Therapeutic Horseback Riding program serving people with special needs.
1400 Carolina Club Rd
Spartanburg, SC 29302
Phone: (864) 586-1671
Web: www.haltersc.org
Payment: offers scholarships available

*** Hart to Heart Therapy**
Specializes in children, adolescents, adults, couples and families, grief, trauma, crisis care, abuse/neglect, anxiety, depression, and spiritual care.
101 North Pine Street, Suite 210
Spartanburg, SC 29302
Phone: (864) 920-1202
Web: www.aliciahart.net

Healing Solutions, LLC
Offers individual, couples, and family counseling services.
340 East Main Street, Suite 102
Spartanburg, SC 29302
Phone: (864) 707-2167
Email: amymorgan@hscg.org
Web:
facebook.com/healingsolutionsllc
Payment: accepts Medicaid

*** In Step Counseling**
Specializes in children 7-12, adolescents, and young adults.
175 Magnolia Street, Suite 106
Spartanburg, SC 29306
Phone: (864) 310-6776
Payment: accepts Medicaid

Intrinsic Therapy, LLC
Provides individual, family, group, adolescent counseling specializing in relational conflicts, emotional disturbances, and disordered eating.
101 N Pine Street, Suite 303
Spartanburg, SC 29302
Phone: (864) 464-9029
Payment: accepts Medicaid (Molina) and offers a sliding scale

Janet Barnes McConnell Counseling
Specializes in individuals and couples with relationship problems, adult survivors of childhood sexual abuse, and sexual intimacy issues.
157 Hall Street
Spartanburg, SC 29302
Phone: (864) 474-5695

Jessica Loving Counseling, LLC
Specializes in depression, anxiety, and PTSD.
601 West Main Street
Spartanburg, SC 29301
Phone: (864) 706-6423
Payment: accepts Medicaid

JM Skinner-Johnson, LISW-CP
Specializes in children, families, anxiety, trauma, attachment struggles, depression, adjustment issues, and EMDR.
601 West Main Street
Spartanburg, SC 29301
Phone: (864) 513-4265

JoAnn Smith, MDiv, LMFT, LPC
Specializes in children, adolescents, adults, couples, trauma survivors, addiction, dissociative personality disorder, and spirituality.
331 Bryant Road
Spartanburg, SC 29303
Phone: (864) 977-8120
Payment: accepts Medicaid

Joseph Grace, PhD
Specializes in children, adolescents, adults, couples, ADHD, alcoholism, personality dynamics, and disability evaluations.
853 North Church Street, Suite 510
Spartanburg, SC 29303
Phone: (864) 560-1512

Kim Minnick, LISW-CP, CAC II, MAC
Specializes in ages 11+, tweens, teens and young adults, adults, couples, addictions, mood disorders, and women's issues.
561 East Main Street
Spartanburg, SC 29302
Phone: (864) 363-0063

Linda Cooper, LPC, NCC
Specializes in ages 12+, depression, bipolar, addiction, grief, trauma
154 Wyatt Road
Boiling Springs, SC 29316
Phone: (864) 529-7473

*** Living Stones Family Services**
Offers individual therapy using cognitive approach, specializing in trauma, grief, depression, child therapy, sexual abuse, and anger.
101 North Pine Street, Suite 303
Spartanburg, SC 29302
Phone: (864) 663-5615
Email:
lipscomb.livingstonesfs@gmail.com
Payment: accepts Medicaid

Magnolia Counseling Associates
Provides therapy specializing in trauma, bipolar disorder, depression, anxiety and eating disorders, and behavioral problems.
153 North Spring Street
Spartanburg, SC 29306
Phone: (864) 583-5969
Web: www.magnoliacounseling.net

^ MGC Psychiatry
Specializes in psychiatric care for geriatric patients.
391 Serpentine Drive, Suite 400
Spartanburg, SC 29303
Phone: (864) 560-7517
Payment: accepts Medicaid

Middle Tyger Community Center
Provides free medical clinic hours, counseling services, and additional community services and supports.
84 Groce Road
Lyman, SC 29365
Phone: (864) 439-7760
Web: www.middletyger.org
Payment: offers a sliding scale

Monique Watson, LPC, NBCC, MAC, CACII

Balancing Act Coaching & Consulting, LLC

Specializes in individuals, couples, families, addictions, coaching, and weight management.
354 Marion Avenue
Spartanburg, SC 29306
Phone: (864) 205-7660

New Beginnings Counseling Services

Specializes in ages 6+, children and families, couples, anxiety, depression, ADHD, ADD, trauma, relationship issues, and military/veteran support.
145 North Church Street
Spartanburg, SC 29306
Phone: (864) 266-3393
Payment: accepts Medicaid

New Horizons Counseling

Provides individual, couples and family therapy.
1714 Boiling Springs Road
Boiling Springs, SC 29316
Phone: (864) 764-1007
Web: newhorizonscounseling.com

North Grove Counseling Associates

Offers individual, couples, and family counseling services.
240 North Grove Medical Park Drive
Spartanburg SC 29303
Phone: (864) 699-9213
Web: northgrovecounseling.com

*** ^ Palmetto Child & Family Psychiatry, LLC**

Specializes in children, adolescents, and young adults (under 50).
104 North Daniel Morgan Avenue, #110
Spartanburg, SC 29306
Phone: (864) 327-1789

*** Palmetto Counseling and Play Therapy**

Specializes in children 3+, adolescents, adults, individuals and family, anxiety, play therapy, depression, life adjustments, and parenting support.
1965 Old Furnace Road
Boiling Springs, SC 29316
Phone: (864) 542-7140
Web: www.palmettotherapy.com

Palmetto Family Enrichment Center, P.C.

Offers counseling for a variety of mental health diagnosis.
1330 Boiling Springs Road, Suite 2800
Spartanburg, SC 29303
Phone: (864) 573-6908

Pathfinder Counseling & Consulting, LLC

1032 Union Street
Spartanburg, SC 29302
Phone: (864) 205-1110
Email: patty@pathfindersc.com

Pathways Pastoral Counseling

Provides individual and family therapy and can support families struggling through chronic illness and cancer.
400 Dupre Dr.
Spartanburg, SC 29307
Phone: (864) 542-3019
Web: www.pathwayspc.com
Payment: accepts Medicaid

Piedmont Care, Inc.

Provides HIV/AIDS testing, prevention, counseling and linkages to resources.
101 North Pine Street, Suite 200
Spartanburg, SC 29302
Phone: (864) 582-7773
Web: www.piedmontcare.org

*** Project Hope**

Offers ABA therapy and other services for children and adults with autism and their caregivers.
200 Elford Court
Spartanburg, SC 29306
751 East Georgia Street
Woodruff, SC 29388
51 Cavins Road
Woodruff, SC 29388
Phone: (864) 676-0028
Web: www.projecthopesc.org
Payment: accepts Medicaid

^ Psychiatric Associates of Spartanburg, PA

Offers client centered therapy for a wide range of conditions.
943 N Church St
Spartanburg, SC 29303
Phone: (864) 585-2214

^ Psychiatric Associates of Spartanburg, PA

Offers client centered therapy for a wide range of conditions.
943 N Church St
Spartanburg, SC 29303
Phone: (864) 585-2214

Recreating Positive Living, LLC

Offers counseling services to individuals and families.
2375 East Main Street, Suite A105, Office 102
Spartanburg SC 29307
Phone: (864) 415-8640

Renaissance Therapy & Forensic Counseling Center

Specializes in children 10+, adolescents, adults, couples and families, anxiety, depression, bipolar, borderline personality disorder, anger management, DBT, and substance abuse.
1090 Boiling Springs Road
Spartanburg, SC 29302
Phone: (864) 573-5956

River Rock Therapy

Specializes in children and teens, anxiety, trauma, and grief
175 Magnolia Street, Suite 102
Spartanburg, SC 29306
Phone: (864) 809-3516

Ruth C. Compton, LPC-I

Provides group, individual, and play therapy and often uses CBT.
707 East Main Street
Spartanburg, SC 29302
Phone: (864) 316-5910
Email: ruthcompton6@gmail.com
Web: www.ruthcompton.com

† SAFE Homes

Offers resources and counseling services for victims of domestic violence and sexual assault.
236 Union Street
Spartanburg, SC 29302
Phone: (864) 583-9803
Email: shrcc@aol.com
Web: www.shrcc.org

St. Luke's Free Medical Clinic

Provides free medical care and counseling services to uninsured.
162 North Dean Street
Spartanburg, SC 29302
Phone: (864) 542-2273
Email: info@slfmc.org
Web: www.slfmc.org
Payment: free (must meet income guidelines and not have any insurance)

*** Shannon Rogers Therapy**

Specializes in children, adolescents, adults and family therapy, ADHD, anxiety, anger, depression, social skills, and parenting.
324 East St. John Street, Suite F
Spartanburg, SC 29302
Phone: (864) 278-0070
Web: shannonrogerstherapy.com

Shelby Albright, LLC

Offers counseling for adolescents, adults, couples, and families, specializing in anxiety, and working with the LGBTQ+ community.
324 East Saint John Street, Suite D2
Spartanburg, SC 29302
Phone: (864) 513-6394
Payment: offers a sliding scale

Skylyn Counseling

Specializes in couples therapy, family and individual therapy, parenting supports, depression, anxiety, and conflict resolution.
503 West 2nd Street
Spartanburg, SC 29301
Phone: (864) 585-5010
Email: landa@skylyncounseling.com
Web: www.skylyncounseling.com
Payment: accepts Medicaid

*** ^ Spartanburg Area Mental Health**

Offers service to adults, children, and their families affected by significant mental illness or emotional disorders.
250 Dewey Avenue
Spartanburg, SC 29303
Phone: (864) 585-0366
24 Hour Emergency On Call
Spartanburg: (864) 585-0366
Deaf/Hard of Hearing Emergency
After Hours: deaf hotline@scdmh.org
Web: www.sparmhmc.org
Payment: accepts Medicaid, offers a sliding scale

† Stacey L. Jackson, LPC

Offers counseling services specializing in domestic violence, PTSD, trauma, sexual abuse, personality disorders, sexuality, and spirituality.
2375 East Main Street, Suite A-105
Spartanburg, SC 29307
Phone: (864) 398-9322
Email: sljacksonlpc@gmail.com
Payment: accepts Medicaid

Steve L. Glenn, MA/LPC

Offers individual, couples, and family counseling.
10 Tims Creek Road
Roebuck, SC 29376
Phone: (864) 804-8278

The Center for Counseling

Offers counseling services to individuals and families.
1012 South Blackstock Road
Landrum, SC 29356
Phone: (864) 350-6335
Payment: accepts Medicaid and offers a sliding scale

Transitions Therapy

Specializes in adolescents 16+, adults, and veterans.
175 Magnolia Street, Suite 104
Spartanburg, SC 29306
Phone: (864) 497-2882

Trinity Place, LLC

Offers individual and family counseling, specializing in LGBT and transgender individuals, and anxiety.
236 Union Street, Suite 2
Spartanburg, SC 29302
Phone (864) 649-6272

*** Turning Leaves for Children**

Offers therapy for children, specializing in trauma, grief, and high conflict divorce cases.
601 West Main Street
Spartanburg, SC 29301
Phone: (864) 598-9461
Web: turningleavesforchildren.com

^ Upstate Psychiatric Associates

Offers services to all ages, specializing in ADD/ADHD, refractory, neuroendocrine assessments, genetic testing, disorders of amino acid metabolism, and affective disorder.
1330 Boiling Springs Road, Suite 2800
Spartanburg, SC 29303
Phone: (864) 585-0328

WellSource Counseling, LLC

Specializes in children, adolescents, adults, couples, family, anxiety, self-esteem, addiction and dual diagnosis.
101 North Pine Street, Suite 210
Spartanburg, SC 29302
Phone: (864) 990-4324
Payment: accepts Medicaid and offers a sliding scale

Winzai Amadi Counseling Services

Specializes in children, adolescents, adults, ADHD, severe emotional and behavioral disturbance, substance abuse, trauma, and parenting issues.
700 Squires Point, Unit B
Duncan, SC 29334
Phone: (864) 249-3756
Payment: accepts Medicaid

Union County

Rehabilitation

Union County Commission on Alcohol and Drug Abuse

Provides adult and adolescent counseling and support services for substance use/abuse.

201 South Herndon Street

P.O. Box 844

Union, SC 29379

Phone: (864) 429-1667

Payment: accepts Medicaid and offers a sliding scale

Support Services

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.

131 North Main Street

Jonesville, SC 29353

Phone: (864) 475-5000

Web: www.scvrd.net

Therapy

*** ^ Union Mental Health Center**

Offers service to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

130 Medical Sciences Drive

Union, SC 29379

Phone: (864) 427-1224

24-Hour Emergency On-Call Services:

1(800) 277-1366

Deaf/Hard of Hearing after hours

contact: deafhotline@scdmh.org

Payment: accepts Medicaid, offers a sliding scale

York County

Rehabilitation

Keystone Substance Abuse Services

Provides inpatient and outpatient services for substance use/abuse, and prevention and education programs.
199 South Herlong Avenue
Rock Hill, SC 29732
Phone: (803) 324-1800
Email: info@keystoneyork.org
Web: www.keystoneyork.org
Payment: accepts Medicaid

Rock Hill Treatment Specialists

Offers outpatient rehabilitation services for individuals dependent or addicted to narcotics.
1274 East Main Street
Rock Hill, SC 29730
Phone: (803) 526-7666
Email: rockhilltreatment@gmail.com
Web: www.rockhilltreatment.com

Support Services

NAMI Piedmont Tri-County

Provides free education, support groups, and advocacy to people with a mental illness and their families.
421 Oakland Avenue
Rock Hill, SC 29730
P.O. Box 3626
Rock Hill, SC 29732
Phone: (803) 610-8174
Email: NamiPTC@gmail.com
Web: www.namipiedmont.org

SC Vocational Rehabilitation Department

Prepares and assists individuals with disabilities for employment.
1020 Heckle Boulevard
Rock Hill, SC 29732
Phone: (803) 327-7106
Web: www.scvrd.net

Therapy

Affinity Health Center

A full-service family practice offering a wide range of healthcare services including counseling and mental health services.
455 Lakeshore Parkway
Rock Hill, SC 29730
300 Clinton Avenue
Clover, SC 29710
120 East Elliot Street
Fort Mill, SC 29715
37 Pinckney Street
York, SC 29745
Phone: (803) 909-6363
Email: info@affinityhealthcenter.org
Web: www.affinityhealthcenter.org
Payment: accepts Medicaid and offers a sliding scale

*** Anderson Counseling and Education**

Offers counseling for children, adolescents, adults, couples, and families, specializing in self-esteem, trauma, sexual abuse, grief, depression, anxiety, marital counseling, and play therapy.
100 Stone Village Drive, Suite 104-B
Fort Mill, SC 29708
Phone: (980) 404-2365
Web: www.andersonedcounsel.org
Payment: accepts Medicaid and offers a sliding scale

Ann Clark, MA, LPC

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, anger, stress, addiction recovery, and spiritual matters.
830 North Jones Avenue
Rock Hill, SC 29730
Phone: (803) 448-0086
Web: www.rockhillcounselor.com
Payment: accepts Medicaid and offers a sliding scale

Bridgebuilders Family and Youth Services, Inc.

Offers therapy for children, adults, adolescents, families, and groups.
2025 Ebenezer Road, Suite G-2
Rock Hill, SC 29732
Phone: (803) 619-6900
Email: info@BBFYS.com
Web: www.bbfys.com

*** Brown Clinical Services**

Offers counseling for children, adolescents, adults, couples, and families, specializing in grief, abuse, behavior, ADHD, ODD, PTSD, anger, depression, anxiety, and attachment.
1612 Ebenezer Road, Suite 203
Rock Hill, SC 29732
Phone: (803) 328-1624
Email: info@brownclinicalservice.com
Web: www.brownclinicalservice.com
Payment: accepts Medicaid

Carolina Community Counseling

Offers child, adolescent, adult, and family counseling, specializing in conflict, coping, anxiety, emotional disturbance, stress, depression, and relationships.

2012 West Highway 160, Suite 9
Fort Mill, SC 29708
Phone: (866) 652-0093
Email: kristen@carolinacommunitycounseling.org
Web: carolinacommunitycounseling.org

Carolina Counseling Center

Offers therapy for individuals, couples, and families, specializing in anxiety, depression, PTSD, stress, and anger.

1721 Ebenezer Road, Suite 215
Rock Hill, SC 29732
Phone: (803) 366-7404
Web: www.juliusmeyer.com

^ Catawba Community Mental Health Center

Offers services to adults, children, and their families affected by serious mental illnesses and significant emotional disorders.

448 Lakeshore Parkway, Suite 205
Rock Hill, SC 29730
Phone: (803) 328-9600
York Adult Services
205 Piedmont Boulevard, Suite 100
Rock Hill, SC 29732
Phone: (803) 327-2012
Catawba Family Center (Child, Adolescents, and Families Clinic)
448 Lakeshore Parkway, Suite 110
Rock Hill, SC 29730
Phone: (803) 329-3177

Payment: accepts Medicaid and offers a sliding scale

Charlotte Counseling and Consulting, PLLC

Offers therapy for children, adults, adolescents, couples, and families, specializing in addiction, behavior, trauma, and emotional disturbance.
454 South Anderson Road, Suite 134
Rock Hill, SC 29730
Phone: (704) 771-4633

Email: j.funderburg@cccpllc.com
Web: jamarrfunderburg.wixsite.com/wesite

Payment: accepts Medicaid and offers a sliding scale

Christian Counseling Center

Offers counseling for adults, couples, and groups, specializing in marriage and relationships, anxiety, stress, depression, grief, and self-esteem.
229 Johnston Street
Rock Hill, SC 29730

Phone: (803) 325-5603
Email: roger@christiancounseling3.com
Web: www.christiancounseling3.com

Eagle's Nest Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, CBT, DBT, women's issues, self-esteem, codependency, and LGBT.
331 East Main Street, Suite 200
Rock Hill, SC 29730

Phone: (803) 909-9347
Web: www.eaglesnestcounseling.com

Executive Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in Christian counseling, addiction, trauma, grief, depression, anxiety, and relationships.
Fort Mill, SC 29708

Phone: (803) 220-2618
Web: www.executivecounseling.org
Payment: accepts Medicaid and offers a sliding scale

Fort Mill Psychotherapy

Offers therapy for adolescents, adults, couples, and families, specializing in addiction, self-esteem, relationships, grief, stress, parenting, and coping.

100 Stone Village Drive
Fort Mill, SC 29708
Phone: (855) 588-2532
Web: fortmillpsychotherapy.com

Four Seasons Counseling Services

Offers counseling and therapy for adolescents, adults, couples, and families, specializing in depression, anxiety, grief, stress, relationships, and transitions.

454 South Anderson Road, Suite 305A
Rock Hill, SC 29730
Phone: (803) 327-0058
Web: www.dcoopertherapist.com

Hyatt Counseling, LLC

Offers counseling for children, adolescents, adults, and families, specializing in trauma, grief, anxiety, addiction, depression, and change.

2106 Celanese Road
Rock Hill, SC 29732
Phone: (803) 307-4647
Email: info@michellehyatt.com
Web: www.michellehyatt.com
Payment: offers a sliding scale

Inner Transformation Therapeutic Services, PLLC

Offers counseling for children, adolescents, and adults specializing in trauma, grief, anxiety, depression, relationships, and stress.

331 East Main Street
Rock Hill, SC 29730
Phone: (980) 209-3222
Email:

info@innertransformationpllc.com
Web: innertransformationpllc.com
Payment: accepts Medicaid

Journeys of Life Therapeutic Resources

Offers counseling to children, adolescents, adults, and families, specializing in depression, self-esteem, life stressors, and anger.
2025 Ebenezer Road, Suite G
Rock Hill, SC 29732

Phone: (803) 280-5349
Email: info@journeysoflifetherapy.com
Web: www.journeysoflifetherapy.com
Payment: accepts Medicaid and offers a sliding scale

Kim Engel-Hughes, LPC

Offers counseling to adults and families, specializing in anxiety, OCD, depression, relationships, abuse, LGBT issues, food allergies, trauma, and parenting.

1700 First Baxter Crossing, Suite 204
Fort Mill, SC 29708

Phone: (803) 547-1106

Email:

kengelhughestherapy@gmail.com

Web: www.engelhughestherapy.com

Dr. Lois Vernon

Provides individual, couples, and family counseling, specializing in depression, anxiety, parenting support, grief, work and career issues, stress, addiction, and conflict.

229 Johnston Street

Rock Hill, SC 29730

Phone: (803) 448-6333

Web: www.drloisveronen.com

Lucy Bedenbaugh, M.ed, LPC

Provides therapy for adolescents, adults, and couples, specializing in relationship issues, coping skills, anxiety, addiction, depression, grief, trauma, and life transitions.

1624 Ebenezer Road

Rock Hill, SC 29732

Phone: (803) 274-1567

Web: www.lucybedenbaughlpc.com

Milestone Counseling, LLC

Offers counseling for children, adolescents, and adults, specializing in trauma, anxiety, depression, EMDR, and borderline personality disorder.

150 BW Thomas Drive, Suite 105
Fort Mill, SC 29708

Phone: (803) 616-1691

Email:

rebeccagray@milestonecounselingllc.com

Web: milestonecounselingllc.com

Payment: offers a sliding scale

New Hope Carolinas

A psychiatric residential treatment facility for adolescents ages 12-21, specializing in emotional and behavioral issues, trauma, self-injury, anger, substance abuse, intellectual disability, PTSD, developmental disability, and mood disorders.

101 Sedgewood Drive

Rock Hill, SC 29732

Phone: (877) 328-9300

Web: www.newhopetreatment.com

Payment: accepts Medicaid

North Central Family Medical Center

A community health center offering counseling services.

1131 Saluda Street

Rock Hill, SC 29370

Phone: (803) 325-7744

Web: www.northcentralmed.com

Payment: accepts Medicaid and

offers a sliding scale

*** Palermo Counseling Services**

Offers counseling for children, adults, adolescents, and families, specializing in behavior, school issues, ADD/ADHD, substance use, anger, mood disorders, stress, relationships, and attachment.

302 Tm Hall Street

Fort Mill, SC 29715

Phone: (803) 322-0447

Email: palermocounseling@gmail.com

Web:

palermocounseling.wixsite.com/palermocounseling2

*** Palmetto Counseling & Consulting Services, LLC**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in clinical evaluation/diagnostic assessment, depression, anxiety, ADHD, CBT, DBT, substance abuse, and anger.

1721 Ebenezer Road, Suite 225

Rock Hill, SC 29732

Phone: (803) 329-9639

Web: palmettocounselingconsulting.com

^ Pinnacle Point Supportive Services, LLC

Offers behavioral health services for children, adolescents, and adults, specializing in mood disorders, anger, coping, substance abuse, medication management, Medicaid targeted case management, and parenting.

154 Amendment Avenue, Suite 203

Rock Hill, SC 29732

Phone: (704) 749-8833

Web: www.pinnaclepointllc.com

Payment: accepts Medicaid and offers a sliding scale

*** RideAbility Therapeutic Riding Center**

Offers equine therapy for children, adults, and families with special needs to promote emotional, social, physical and psychological wellbeing.

937 Stallion Spirit Trail

Clover, SC 29710

Phone: (803) 222-6008

Email: rideabilitysc@gmail.com

Web: www.rideabilitysc.com

*** † Safe Passage Children's Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.

104 Oakland Road

Rock Hill, SC 29730

Phone: (803) 327-7558

Web: www.safepassagesc.org

Simone Esquibel, LICSW

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, mood disorders, ADD/ADHD, grief, sexual assault/abuse, and the LGBTQ community.

Williams Road

Fort Mill, SC 29715

Phone: (843) 315-5112

Email: simoneesq@gmail.com

Web: www.simoneesquibel.com

Payment: accepts Medicaid and offers a sliding scale

*** Stepping Stones Counseling Services, LLC**

Offers therapy for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, relationships, and work conflicts.
1365 Ebenezer Road
Rock Hill, SC 29732
Phone: (803) 817-7837
Web: steppingstonescounselingsc.com
Payment: accepts Medicaid

Susan H. Bullard, LISW-CP

Provides psychotherapy for children, adolescents, and adults, specializing in anxiety, codependency, depression, grief, life transitions, relationships, self-esteem, and trauma.
1624 Ebenezer Road
Rock Hill, SC 29732
Phone: (803) 599-8869
Web: www.susanbullardtherapy.com

Sweet Fire Counseling

Offers counseling for adults, couples, families, and groups, specializing in relationships, infidelity, anxiety, depression, ADHD, grief, trauma, and personality disorders
229 Johnston Street
Rock Hill, SC 29730
Phone: (803) 524-3480
Web: www.sweetfirecounseling.com

The Mediation and Family Services Center, Inc.

Offers counseling for adults and families, specializing in anxiety, depression, grief, marital difficulties, and Family Court Mediation.
1477 Ebenezer Road
Rock Hill, SC 29732
Phone: (803) 389-6222
Web: www.mediationandfamily.com
Payment: accepts Medicaid

^ The Saluda Counseling Center

Offers psychotherapy for children, adolescents, adults, couples, and families, specializing in art therapy, medication management, depression, anxiety, grief, trauma, stress, PTSD, addiction, chronic illness, and ADHD.
2400 West Main Street
Rock Hill, SC 29732
2955 Highway 160W
Fort Mill, SC 29708
Phone: (803) 327-6103
Email: contactus@thesaludacenter.net
Web: www.thesaludacenter.org

*** Thompson Community Counseling Center**

Offers counseling services for children, adolescents, and families, specializing in depression, anxiety, anger, trauma, family conflict, divorce, ODD, and communication.
377 Rubin Drive, Suite 204
Fort Mill, SC 29708
Phone: (704) 376-7180
Web: www.thompsoncff.org
Payment: accepts Medicaid

Burke County

Rehabilitation

Archway Counseling

Offers outpatient drug and alcohol addiction treatment services for adolescents and adults.
222 West Union Street
Morganton, NC 28655
Phone: (828) 475-1804
Payment: accepts Medicaid

*** † Burke County Children's Advocacy Center - Gingerbread House**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
408 South Green Street
Morganton, NC 28655
Phone: (828) 430-9949
Email: burkecac@southmountain.org
Web: www.southmountain.org/childrens-advocacy-centers/

Burke Recovery

Offers addiction treatment for adolescents, adults, and families, including outpatient and residential services, and recovery support.
203 White Street
Morganton, NC 28655
Phone: (828) 433-1221
Web: www.burkerecovery.com
Payment: accepts Medicaid and offers a sliding scale

Groups Recover Together

Offers Suboxone treatment and therapy for opiate addiction.
214 Avery Avenue
Morganton, NC 28655
Phone: (800) 683-8313
Email: info@joingroups.com
Web: www.joingroups.com

The Cognitive Connection

Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.

350 East Parker Road
Morganton, NC 28655
Phone: (828) 391-5026
Email: info@thecogcon.com
Web: www.thecogcon.com
Payment: accepts Medicaid and offers a sliding scale

Therapy

*** ^ A Caring Alternative**

Offers therapy and intensive in-home services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.

301 East Meeting Street
617 South Green Street, Suite 200, Suite 102
Morganton, NC 28655
Phone: (828) 437-3000
Email: info@carinalternative.com
Web: www.carinalternative.com

^ Burke Integrated Health

Offers therapy for individuals, families and groups, psychiatric care and medication management, peer support, and substance abuse services including suboxone treatment, intensive outpatient treatment, outpatient treatment, and dual-diagnosed treatment.

301 East Meeting Street, Suite 101
Morganton, NC 28655
Phone: (828) 624-0300
Email: info@burkeintegratedhealth.com
Web: burkeintegratedhealth.com
Payment: accepts Medicaid and offers a sliding scale

^ Catawba Valley Behavioral Healthcare

Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders.

301 East Meeting Street, Suite 104
Morganton, NC 28655
Phone: (828) 624-1900
Web: www.cvbh.org

Clear Perspective, LLC

Offers therapy for children, adolescents, and adults, specializing in EMDR, anxiety, Autism, ADHD, behavioral difficulties, depression, eating disorders, grief, PTSD, trauma, substance abuse, LGBT, and marital difficulties.

140 Beach Street
Morganton, NC 28655
Phone: (828) 475-0149
Email: clearperspective@clearperspective.co
Web: www.clearperspective.co
Payment: accepts Medicaid

*** Focus Behavioral Health Services, LLC**

Offers services for youth and their families, including day treatment, outpatient, residential, intensive in-home, and equine assisted learning services.

207 Queen Street
Morganton, NC 28655
Phone: (828) 439-8191
Web: www.focusbhs.com

*** Fresh Start Counseling Center**

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, stress management, substance abuse, physical and sexual abuse, and spiritual issues.

512 E Fleming Drive
Morgantown, NC 28655
Phone: (828) 443-0005
Email: holly@fscounselingcenter.com
Web: www.fscounselingcenter.com
Payment: accepts Medicaid

Karen G. Steele, PLLC

Offers counseling for adolescents, adults, and couples, specializing in trauma, PTSD, stress, spirituality, anxiety, depression, chronic pain, grief, life transitions, and relationship issues.

216 North Sterling Street, Suite C
Morganton, NC 28655
Phone: (828) 477-4319
Web: www.karensteele.org

*** Life Works Counseling Practice**

Offers counseling for children, adolescents, and adults, specializing in depression, anxiety, relationships, grief, stress management, parenting, conflict resolution, behavioral problems, ADHD, and play therapy.

205 East Union Street
Morganton, NC 28655
Phone: (828) 433-9190
Email: lifework@bellsouth.net
Web: www.lifeworksnc.com

*** Mimosa Christian Counseling Center**

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, abuse, marital concerns, and relationships.

220 Burkemont Avenue
Morganton, NC 28655
Phone: (828) 433-5600
Web: mimosachristiancounseling.org

One Love Periodic Services, Inc.

Offers behavioral health services including clinical assessment, outpatient services, medication management, intensive in-home services, and residential services.

103 North Green Street
Morganton, NC 28655
Phone: (828) 433-4567
Web: www.oneloveservices.com

† Options of Burke County

A domestic violence, rape, and sexual assault shelter, education, and advocacy center offering domestic violence support groups and therapy for victims of domestic violence, rape, sexual assault, or child abuse.

PO Box 2512
Morganton, NC 28655
Phone: (828) 438-9444
Web: www.optionsburkecounty.org

Patricia Hawkins Wells, MDiv, PsyD, NCFBPPC

Offers counseling for adults and couples, specializing in anxiety, depression, trauma, PTSD, grief, women's issues, marital concerns, and spirituality.

200 North King Street
Morganton, NC 28655
Phone: (919) 698-8098
Web: drpatriciawells.clientsecure.me

*** The Counseling Group**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use disorder, depression, parenting, stress management, play therapy, ADHD, Autism, grief, and relationships.

305 East Union Street, Suite B113
Morganton, NC 28655
Phone: (828) 322-8736
Email: contact@thecounselinggroup.com
Web: www.thecounselinggroup.com

Wisdom Path, PLLC

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in relationships, trauma, compulsive behaviors, depression, anxiety, and bipolar disorder.

220 West Union Street
Morganton, NC 28655
Phone: (828) 475-6544
Email: wisdompathnc@gmail.com

Catawba County

Rehabilitation

New Season Hickory Metro Treatment Center

Offers services to treat opioid addiction including medication-assisted treatment, counseling, medically supervised withdrawal, and outpatient services.

1152 Lenoir Rhyne Boulevard
Southeast
Hickory, NC 28601
Phone: (828) 485-1320
Email: hickory.nc@cmglp.com
Web: www.newseason.com

The Cognitive Connection

Offers substance use treatment services including assessments, dual disorder treatment, employment training, cognitive behavioral intervention, peer support, outpatient services, group therapy, and suboxone treatment.

929 15th Street Northeast
Hickory, NC 28601
Phone: (828) 327-6026
Adolescent Services
4330 Viola Sipe Drive
Conover, NC 28613
Phone: (828) 256-3436
Email: info@thecogcon.com
Web: www.thecogcon.com
Payment: accepts Medicaid and offers a sliding scale

Therapy

* ^ Access Family Services

Offers services for children, adolescents, adults, and families, specializing in trauma, crisis management, intensive in-home services, and medication management. 738 4th Street Southwest Hickory, NC 28602
Phone: (828) 468-8624
Email: smclean@accessfamilyservices.com
Web: www.accessfamilyservices.com

Brand New Day Counseling

Offers online therapy for adults, specializing in gender therapy, the LGBT population, marital problems, transitions, anxiety, parenting, grief, stress, and relationships. Conover, NC 28613
Email: brandnewdaycounseling@gmail.com
Web: brandnewdaycounseling.com

* Brian S. Hissom & Associates, PLLC

Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, depression, anger, social skills development, pain and chronic health problem management, and sleep. 321 7th Street Northeast, Suite B Hickory, NC 28601
Phone: (828) 485-2195
Web: www.hickorycounseling.com

^ Catawba Valley Behavioral Healthcare

Offers a day treatment program, residential services, peer support, crisis services, and outpatient treatment for individuals with intellectual developmental disabilities or behavioral health disorders. 327 1st Avenue Northwest Hickory, NC 28601
Phone: (828) 695-5900
Web: www.cvbh.org

* † Children's Advocacy and Protection Center of Catawba County

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required. 4360 County Home Road Conover, NC 28613
Phone: (828) 465-9296
Web: catawbacountycapc.org/capc/

* Cornerstone Counseling Center

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in addiction, anxiety, ADD, depression, divorce, eating disorders, grief, parenting, stress, spiritual issues, and trauma. 439 1st Avenue Northwest Hickory, NC 28601
Phone: (828) 322-4941
Email: ccc.cornerstonesounselingnc@gmail.com
Web: cornerstonecounselingnc.org

Counseling Edge

Offers counseling for adults, specializing in anxiety, panic disorders, relationships, eating disorders, depression, self-esteem, adjustment, grief, parenting, sexuality and identity, personality disorders, and transitions. 825 3rd Avenue Northwest Hickory, NC 28601
Phone: (828) 324-1400
Web: www.counselingedge.com

* ^ Crossroads Counseling Center

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in grief, divorce, depression, anxiety, sexual and physical abuse, ADHD, attachment, parenting, dissociative disorders, spiritual issues, trauma, Autism spectrum, and early childhood issues. 255 18th Street Southeast Hickory, NC 28602
Phone: (828) 327-6633
Web: crossroadscounseling.org
Payment: accepts Medicaid

* † Family Guidance Center

Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anxiety, child abuse, behavior, parenting, eating disorders, relationships, grief, trauma, sexual assault, and stress. 17 Us Highway 70 Southeast Hickory, NC 28602
Phone: (828) 322-1400
Email: familyguidance@fgcservices.com
Web: www.fgcservices.com
Payment: offers a sliding scale

Greater Hickory Cooperative Ministry Free Clinic

Offers counseling, mental health, and substance abuse assessments. 31 1st Avenue Southeast Hickory, NC 28602
Phone: (828) 327-0979
Email: info@ccmhickory.org
Web: www.ccmhickory.org
Payment: free (must be adults and meet clinic income and insurance guidelines)

Growing Tree Counseling Center, PLLC

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, addiction, trauma, depression, anxiety, anger, grief, and stress. 715 Fairgrove Church Road Southeast, Suite 202 Conover, NC 28613
Phone: (828) 638-5907
Web: www.grow-nc.com

^ Hickory Psychiatric Center

Offers psychiatric services for adults, specializing in stress, anxiety, mood disorder, medication management, and other behavioral health issues.

24 2nd Avenue Northeast, Suite 201
Hickory, NC 28601

Phone: (828) 324-9900

Email:

info@hickorypsychiatriccenter.com

Web: hickorypsychiatriccenter.com

Juanita Brown, PLLC

Offers counseling for children, adolescents, adults, and groups, specializing in trauma, PTSD, EMDR, depression, anxiety, and peer support.

Hickory, NC 28601

Phone: (828) 201-4442

Web: www.brownwalsh.com

Payment: accepts Medicaid and offers a sliding scale

JumpStart Counseling Services

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, anger management, marital and family problems, substance abuse, and ADHD.

729 1st Avenue Southwest

Hickory, NC 28602

Phone: (828) 302-3868

Web: jumpstartcounselingservice.com

Payment: offers a sliding scale

Life Recreated

Offers counseling for adolescents, adults, couples, and families, specializing in ADHD, anxiety, depression, emotion regulation, substance use disorders, grief, and relationships.

825 3rd Avenue Northwest, Suite 2
Hickory, NC 28601

Phone: (704) 534-7110

Email: brenton@liferecreatednc.com

Web: www.liferecreatednc.com

*** Marriage and Family Therapy Services**

Offers therapy for children, adolescents, adults, couples, and families, specializing in premarital therapy, divorce, play therapy, and parenting.

832 2nd Avenue Northwest
Hickory, NC 28601

Phone: (828) 328-4673

Web: www.powertothrive.com

*** New Directions Counseling Services**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in EMDR, abuse, Autism, ADHD, relationships, stress, anxiety, depression, grief, PTSD, self-esteem, codependency, social phobia, and life transitions.

201 Government Avenue Southwest,
Suite 305

Hickory, NC 28602

Phone: (828) 267-1740

Web: www.newdirectionscs.com

Payment: accepts Medicaid

Renovo Christian Counseling

Offers counseling for adults and couples, specializing in marriage and premarital counseling, parenting, divorce, depression, anxiety, grief, stress, anger, and conflict resolution.

Piedmont Center, Suite 122

1375 Lenoir Rhyne Boulevard,
Southeast

Hickory, NC 28602

Phone: (828) 446-4341

Email: info@RenovoForLife.com

Web: www.renovoforlife.com

*** Seeds of Hope Counseling, PLLC**

Offers counseling for children, adolescents, adults, families, and groups, specializing in stress, chronic illness, anxiety, depression, gender and sexuality, the LGBT+ community, play therapy, and education advocacy.

231 13th Avenue PL NW, Suite A
Hickory, NC 28601

Phone: (828) 457-8597

Web: www.seedsofhopepllc.com

Payment: accepts Medicaid

*** Stepping Stones of Newton**

Offers counseling for children, adolescents, adults, and families, specializing in autism, depression, oppositional behavior, anger, ADHD, relationships, anxiety, divorce, grief, and regulation issues.

20 East 1st Street

PO Box 245

Newton, NC 28658

Phone: (828) 464-3900

Email: steppingstones@charter.net

Web: steppingstonesofnewton.com

*** ^ Support, Inc.**

Offers services for children, adolescents, and adults, including family centered treatment, intensive in-home services, medication management, substance abuse programs, and individual, family, and group therapy.

1053 13th Street Southeast

Hickory, NC 28602

Phone: (704): 865-3525

Web: www.supportinc.org

*** The Counseling Group**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in anxiety, PTSD, abuse, addiction, substance use, depression, parenting, stress, play therapy, ADHD, Autism, relationships, and grief.

106 Third Avenue NE

Hickory, NC 28601

Phone: (828) 322-9130

Email:

contact@thecounselinggroup.com

Web: www.thecounselinggroup.com

*** Therapy of Hickory**

Offers therapy for children, adolescents, adults, couples, and families, specializing in relationships, PTSD, eating disorders, depression, self-esteem, ODD, pain, play therapy, art therapy, EMDR, grief, and anxiety.

1015 2nd Street Northeast, Suite 210
Hickory, NC 28601

Phone: (828) 409-6743

Email: davidkadans@hushmail.com

Web: www.therapyofhickory.com

Cleveland County

Rehabilitation

^ Crossroads Treatment Centers of Cleveland County

Provides outpatient rehabilitation for opiate addiction.
1895 East Dixon Boulevard
Shelby, NC 28150
Phone: (828) 429-4499
Web: crossroadstreatmentcenters.com
Payment: accepts Medicaid

*** † ^ Phoenix Counseling and Crisis Centers**

Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.
Cleveland Crisis & Recovery Center
609 North Washington Street
Shelby, NC 28150
Phone: (704) 751-3693
Shelby Outpatient
200-2 South Post Road
Shelby, NC 28152
Phone: (704) 476-4106
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

Therapy

Art of Therapy Center

Offers counseling for children, adolescents, and adults, specializing in play therapy, infant mental health services, faith-based counseling, and parenting.
103-1 North Lafayette Street
Shelby, NC 28150
Phone: (980) 484-2111
Web: www.artoftherapycenter.com
Payment: accepts Medicaid and offers a sliding scale

† Cleveland County Abuse Prevention Council, Inc.

Offers services for survivors of domestic violence and sexual assault and to homeless women and children including individual and group therapy for adolescents and adults.
407 West Warren Street
Shelby, NC 28150
Phone: (704) 487-9325
Domestic Violence and Sexual Assault
Crisis Line: (704) 481-0043
Web: apcouncil.wordpress.com
Payment: offers a sliding scale

Expeditionary Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in depression, anxiety, marriage, anger management, conflict resolution, grief, life transitions, OCD, spiritual issues, and stress disorders.
1050 Sam Lattimore Drive
Shelby, NC 28152
Phone: (704) 200-9343
Web: expeditionarycounseling.com
Payment: accepts Medicaid and offers a sliding scale

Inner Healing Solutions, Inc.

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, anxiety, depression, and relationships.
2007 East Dixon Boulevard
Shelby, NC 28152
Phone: (704) 466-3022
Web: innerhealingsolutions.com
Payment: offers a sliding scale

LDH Counseling and Consulting, PLLC

Offers counseling for adolescents, adults, couples, and families, specializing in dual diagnosis, domestic violence, coping, depression, grief, anxiety, substance use, bipolar disorder, ADHD, and trauma
331 South Washington Street
Shelby, NC 28150
Phone: (704) 734-9247
Payment: offers a sliding scale

Preferred Choice Healthcare

Offers counseling for children, adolescents, adults, couples, and families, specializing in domestic violence, anger management, EMDR, parenting, play therapy, substance abuse, and trauma.
1243-4 East Dixon Boulevard
Shelby, NC 28152
Phone: (704) 487-4000
Web: www.pchnc.com
Payment: accepts Medicaid and offers a sliding scale

Sarah Philbeck, PLLC

Offers counseling for adults, couples, families, and groups, specializing in art therapy, trauma, abuse, depression, anxiety, addiction, grief, anger management, and stress management.
621-A South Lafayette Street
Shelby, NC 28150
Phone: (704) 837-2022
Email: counseling@sarahphilbeck.com
Web: www.sarahphilbeck.com

Shelby Wellness and Therapy Center

Offers counseling for individuals, couples, and families, specializing in depression, anxiety, grief, parenting, stress, conflict, postpartum depression, and substance abuse.
809 North Lafayette Street, Suite A
Shelby, NC 28150
Phone: (704) 284-0554
Email: info@shelbytherapy.com
Web: www.shelbytherapy.com
Payment: accepts Medicaid and offers a sliding scale

Stacie Camp Bennett

Offers counseling for adolescents, adults, couples, and groups, specializing in trauma, abuse, addiction, mood disorders, anxiety disorders, chronic pain, grief, and relationships.
213 South Trade Street, Suite B
Shelby, NC 28152
Phone: (704) 301-8093
Web: stacie-bennett.clientsecure.me
Payment: offers a sliding scale

*** † The Children's Advocacy Center of Cleveland County**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
101 Trade Street
Shelby, NC 28150
Phone: (704) 600-6025
Web: www.cac-cc.org/

Gaston County

Rehabilitation

*** † ^ Phoenix Counseling and Crisis Centers**

Offers mental health, substance abuse, sexual assault, and crisis services for children, adolescents, and adults.
Gastonia Outpatient
2505 Court Drive
Gastonia, NC 28054

Phone: (704) 842-6359
Gastonia Crisis & Recovery Center
2505 Court Drive
Gastonia, NC 28054
Phone: (704) 854-4196
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

Therapy

Cold Water Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in caregiver support, spiritual crisis, trauma, grief, stress, aging issues, and school issues.
1607 Rankin Lake Road
Gastonia, NC 28052
Phone: (704) 765-2059
Email: david@coldwatercounseling.com
Web: www.coldwatercounseling.com

*** Creative Perspectives, PLLC**

Offers therapy for children, adults, adolescents, couples, and families, specializing in ADHD, animal assisted therapy, women's issues, career counseling, anxiety, and autism.
127 South Main Street
Mt Holly, NC 28120
Phone: (704) 759-6525
Web: creativeperspectivestherapy.com
Payment: offers a sliding scale

Debbie Crane, LCSW/ACSW

Offers counseling for adults, specializing in depression, PTSD, anxiety, trauma, grief, divorce, stress, and addiction.

1301 Bessemer City Road
Gastonia, NC 28052
Phone: (704) 874-2387
Web: www.debbiecrane.com

Essential Journey Counseling, PLLC

Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, family conflict, depression, sexual assault, and coping skills.

603 Cox Road, Suite C
Gastonia, NC 28054
Phone: (704) 869-2570
Web: www.gastoniacounselor.com

Gaston Family Health Services

A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.

Bessemer City Health Care Center
119 West Pennsylvania Avenue
Bessemer City, NC 28016
Phone: (704) 629-3465
Gaston Family Counseling Center
409 Oakland Street
Gastonia, NC 28052
Phone: (704) 874-9005
Gaston Family Health Services - Hudson
991 West Hudson Boulevard
Gastonia, NC 28052
Phone: (704) 853-5079

Gaston Family Medical Center

111 East 3rd Avenue
Gastonia, NC 28052
Phone: (704) 874-0065
GFHS Adult and Pediatric Practice
2721 X-Ray Drive
Gastonia, NC 28054
Phone: (704) 874-2255
GFHS Cherryville - Adult and Pediatric Medicine

112 South Oak Street
Cherryville, NC 28021
Phone: (704) 435-7954
GFHS Pediatrics
991 West Hudson Boulevard
Gastonia, NC 28052
Phone: (704) 853-5010
Highland Health Center
609 North Highland Street
Gastonia, NC 28052
Phone: (704) 772-4700
Web: www.gfhs.info
Payment: offers a sliding scale

*** Genuine Counseling Services**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, parenting, grief, stress management, bullying, conflict resolution, academic needs, and attention deficit.

332 South York Street
Gastonia, NC 28052
Phone: (704) 396-6547
Email: help@genuinecounselingservice.com
Web: genuinecounselingservice.com
Payment: accepts Medicaid and offers a sliding scale

Gillian Squillacioti, LPC

Offers counseling for adolescents, adults, and couples, specializing in anxiety, depression, grief, self-esteem, the LGBT community, and mood disorders.

1554-C Union Road, Suite 6
Gastonia, NC 28054
Phone: (704) 755-5213
Email: gillian.squillacioti@gmail.com
Web: www.ggscounseling.com
Payment: offers a sliding scale

*** Healing and Hope Counseling Center**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in depression, anxiety, anger, stress, grief, adjustment disorders, ADHD, ODD, abuse, trauma, self-injurious behavior, and parenting.

419 South York Street
Gastonia, NC 28052
Phone: (704) 865-8722
Web: healingandhopecounselingcenter.com
Payment: accepts Medicaid and offers a sliding scale

^ Hope Psychiatric

Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.

438-1 East Long Avenue
Gastonia, NC 28054
Phone: (704) 854-9595
Email: hopeappointment@gmail.com
Web: www.hopepsychnc.com
Payment: accepts Medicaid

Infinite Beginnings

Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.

201 West 2nd Avenue, Suite E
Gastonia, NC 28052
Phone: (704) 671-4047
Web: www.infinitebeginningsnc.org
Payment: accepts Medicaid and offers a sliding scale

*** Jacqueline Najafian, LMFT**

Offers therapy for children, adolescents, adults, couples, and families, specializing in depression, adjustment disorders, anxiety, trauma, grief, substance use, and ADHD.

427 Catawba Street
Belmont, NC 28012
Phone: (704) 576-4935
Web: jacquelinenajafianlmft.com

† Janet NekoosL

Offers counseling for children, adolescents, adults, couples, and families, specializing in divorce, anger, anxiety, grief, PTSD, sexual abuse, and stress.

1562-A Union Road
Gastonia, NC 28054
Phone: (704) 861-0380
Web: www.jnekoos.com

*** New Hope Counseling and Wellness**

Offers counseling for children, adolescents, adults, couples, and families, specializing in trauma, play therapy, substance abuse, pastoral counseling, depression, and anxiety. 609 South New Hope Road, Suite 200C Gastonia, NC 28053
Phone: (704) 208-1865
Web: newhopecounselingandwellness.com

*** Patterson Psych Group, PLLC**

Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, depression, anxiety, trauma, PTSD, OCD, and conduct disorder. 1554-C Union Road, Suites 5 & 6 Gastonia, NC 28054
Phone: (704) 869-2047
Web: www.pattersonpsych.com

*** Progress and Peace Counseling**

Offers counseling for children, adolescents, adults, couples, and families, specializing in play therapy, anxiety, depression, grief ADHD eating disorders, divorce, child and adolescent behavioral issues, school-related concerns, and relationship issues. 2571A Pembroke Road Gastonia, NC 28054
Phone: (704) 733-9010
Web: www.kellyholland.net

Providential Counseling

Offers counseling for children, adolescents, adults, and families, specializing in ADHD, anxiety, anger, behavioral disorders, substance use, autism, and dual diagnosis. 2400 Forbes Road Gastonia, NC 28056
Phone: (704) 251-9317
Email: providentialcounseling@gmail.com
Web: providentialcounseling.net

Reach Counseling Solutions, PLLC

Offers counseling for adolescents and adults, specializing in anxiety, depression, adjustment, anger, and behavioral concerns. 6640 Wilkinson Boulevard, Suite 550 Belmont, NC 28012
Phone: (704) 561-1858
Email: brandilewis@reachcounselingsolutions.com
Web: reachcounselingsolutions.com/
Payment: offers a sliding scale

*** Round Table Coaching & Consulting**

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, trauma, PTSD, coping skills, anxiety, stress, anger management, and substance abuse. 1554 Union Road Drive, Suite 6 Gastonia, NC 28054
Phone: (980) 555-5704
Email: rbarnett.rtc@gmail.com
Web: www.roundtablecc.com
Payment: offers a sliding scale

South Point Counseling

Offers counseling for children, adults, adolescents, couples, and families, specializing in depression, anger, grief, ADHD, phobias, anxiety, and parenting. 32 North Main Street, Suite 214 Belmont, NC 28012
Phone: (704) 825-9696
Web: southpointcounseling.com

Steps for Success Family Services, LLC

Offers counseling for children, adolescents, adults, couples, and families, specializing in anger, mood disorders, art therapy, anxiety, trauma, depression, conduct disorder, sexual aggression, abuse, and relationships. 811 South Oakland Street, Suite A Gastonia, NC 28054
Phone: (704) 842-3773
Web: www.stepsforsuccessfamily.com
Payment: offers a sliding scale

*** ^ Support, Inc.**

Offers day treatment for children and adolescents, intensive in-home services, medication management, substance abuse programs, family centered treatment, and individual, family, and group therapy. Day Treatment 708 South Chestnut Street Gastonia, NC 28054
Phone: (704) 864-6444
Outpatient 708 South Chestnut Street Gastonia, NC 28054
Phone: (704) 865-3525
Web: www.supportinc.org

† The Cathy Mabry Cloninger Center

Offers services to victims of domestic violence including individual and group therapy and support groups. 330 Dr. Martin Luther King Jr. Way Gastonia, NC 28052
Therapy Services: (704) 477-6209
Domestic Violence Crisis Line: (704) 852-6000
Web: gastongov.com/government/departments/the_shelter_of_gaston_county_a_battered_women_s_residence_and_resource_center/index.php

*** † The Lighthouse Children's Advocacy Center**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required. 609 Highland Street Gastonia, NC 28052
Phone: (704) 862-7898

Veronda Bellamy

Offers counseling for adolescents, adults, couples, and groups, specializing in substance abuse, women's issues, coping skills, learning disabilities, dual diagnosis, and life coaching. 1552 Union Street, Suite E Gastonia, NC 28054
Phone: (704) 243-9316
Email: info@verondabellamy.com
Web: www.verondabellamy.com

Henderson County

Rehabilitation

Premier Treatment Specialists

Offers treatment for opioid dependence, specializing in medication assisted treatment.
400 Beverly Hanks Center
Hendersonville, NC 28792
Phone: (828) 595-9558
Web: premierhendersonville.com

Vance Recovery

An opioid dependence treatment center offering medication assisted treatment and counseling services.
510 Dabney Drive, Suite B
Hendersonville, NC 27536
Phone: (252) 572-2625
Web: www.vancerecovery.com
Payment: accepts Medicaid

Support Services

NAMI Four Seasons

Provides free education, support groups, and advocacy to people with a mental illness and their families.
P.O. Box 2108
Hendersonville, NC 28793
Phone: (888) 955-6264
Email: info@namifourseasons.org
Web: www.namifourseasons.org

Therapy

Adrienne Maurin, LCSW

Offers counseling for adults, couples, and families, specializing in depression, anxiety, trauma, PTSD, mood disorders, impulse control disorders, ADHD grief, sexual abuse, stress, and women's issues.
110 Williams Street
Hendersonville, NC 28792
Phone: (828) 301-0770
Email: adrienne.maurin@gmail.com
Web: www.adriennemaurin.com
Payment: accepts Medicaid and offers a sliding scale

^ Advent Health Hendersonville Behavioral Services

Offers partial hospitalization, intensive outpatient, and outpatient mental health treatment services for adults including medication management, animal therapy, geriatric psychiatric services, and psychiatrist or psychotherapist services.
HOPE Women's Services is a unit that offers a full range of inpatient psychiatric treatment for women 18 and older.
100 Hospital Drive
Hendersonville, NC 28792
Phone: (828) 681-2282
Web: adventhealth.com/hospital/adventhealth-hendersonville/behavioral-care
Payment: accepts Medicaid

Betsy Comingore, MS, LPC, BCN

Offers counseling for children, adolescents, and adults, specializing in anxiety, depression, ADHD, sleeping issues, impulsivity, emotional reactivity, and mood regulation.
1216 6th Avenue W, Suite 200, Unit 4
Hendersonville, NC 28739
Phone: (828) 799-0220
Email: betsyclpc@gmail.com
Web: betsyclpc.wixsite.com/heartandmind

*** ^ Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.
2579 Chimney Rock Road
Hendersonville, NC 28792
Phone: (828) 692-4289
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

Brian Dugdale Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, depression, anxiety, and relationship issues.

244 5th Avenue West
Hendersonville, NC 28739
Phone: (828) 283-0573
Email: briandugdale@hotmail.com
Web: www.briandugdale.com

Ceil Mattingly Counseling - Marriage Family Therapist LMFT

Offers counseling for adults, couples, and families, specializing in trauma, PTSD, EMDR, life transitions, anxiety, depression, sexual violence, domestic violence, divorce, and upsetting medical diagnoses.

Hendersonville, NC 28739
Phone: (828) 388-1558
Web: www.ceilmattingly.com

Cochran Christian Counseling

Offers counseling for adults, couples, and families, specializing in trauma, PTSD, men's issues, homeschool families, depression, and anxiety.

611 North Church Street, Suite 204
Hendersonville, NC 28792
Phone: (828) 290-7968
Web: cochranchristiancounseling.com

Compassionate Counseling and Psychotherapy

Offers counseling for adults, specializing in stress management, coping with chronic illness, life changes, smoking cessation, pain management, and weight management.

1303 5th Avenue West, Suite B
Hendersonville, NC 28793
Phone: (828) 697-0160
Email: klscottingham@bellsouth.net
Web: compassionatecounselingforyou.com

*** ^ Doc Ann Counseling & Health Consultation**

Offers counseling for children, adolescents, adults, couples, and families, specializing in anxiety, depression, family and relationship issues, parenting, stress management, health issues, and weight management.

Hendersonville, NC 28739
Phone: (828) 782-0343
Email: consult@docann.com
Web: www.docann.com
Payment: offers a sliding scale

Dona Menz, MS, LPC, LCAS

Offers counseling for adolescents, adults, and groups, specializing in life transition, depression, anxiety, trauma, addiction, and EMDR.

2684 A Greenville Highway
Flat Rock, NC 28731
Web: www.donamenz.com
Payment: offers a sliding scale

Eastern Sun Counseling

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, stress, trauma, relationship issues, EMDR, Asperger's disorder, and life transitions.

160 White Street
Hendersonville, NC 28739
Phone: (828) 785-8406
Web: easternsuncounseling.com

*** ^ Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

120 Chadwick Square Court
Hendersonville, NC 28739
Phone: (828) 697-4187
120 South Grove Street
Hendersonville, NC 28791
Phone: (828) 697-2660
Web: www.pathways.com

Fostering Real Change Counseling Services, Inc.

Offers counseling for adolescents, adults, couples, families, and groups, specializing in relationship issues, trauma, PTSD, depression, behavior disorders, suicidal urges, and abuse.

220 3rd Avenue West, Suite A
Hendersonville, NC 28739
Phone: (828) 376-0000
Email: info@fosteringrealchange.com
Web: www.fosteringrealchange.com

^ The Free Clinics

Offers short-term counseling and a bi-monthly psychiatric clinic.

841 Case Street
Hendersonville, NC 28792
Phone: (828) 697-8422
Web: www.thefreeclinics.org
Payment: maintains eligibility requirements for services including county residency, lack of insurance, and income guidelines

Full Circle

Offers therapy for adolescents, adults, couples, families and groups, specializing in depression, anxiety, eating disorders, anger management, substance abuse, bipolar disorder, psychosis, schizophrenia, personality disorders, OCD, PTSD, and self-harm.

322 8th Avenue East
Hendersonville, NC 28739
Phone: (828) 222-0401
Email: info@fullcirclewnc.org
Web: www.fullcirclewnc.org
Payment: offers a sliding scale

Grover Family Therapy

Offers counseling for adolescents, adults, couples, and families, specializing in depression, anxiety, trauma, substance use, and addiction.

425 Linda Vista Drive
Hendersonville, NC 28792
Phone: (828) 523-9912
Email: grovertherapy@gmail.com
Web: www.groverfamilytherapy.com
Payment: offers a sliding scale

*** Kintsugi Healing**

Offers counseling for children, adolescents, adults, and families, specializing in trauma, anxiety, depression, play therapy, and stress.
121 3rd Avenue West
Hendersonville, NC 28792
Phone: (828) 290-5126
Email:
kati@kintsugihealingcounseling.com
Web: kintsugihealingcounseling.com

Mountain Counseling Associates, LLC

Offers counseling for children, adolescents, adults, couples, families, and groups, specializing in mood disorders, anxiety disorders, trauma, PTSD, pain management, child and adolescent behavior problems, developmental disabilities, family and relationship issues, and veterans issues.
110 Williams Street
Hendersonville, NC 28792
Phone: (828) 692-7300
Web: mountaincounseling.com/
Payment: accepts Medicaid

Mountain Creative Arts

Offers therapy for adults and groups, specializing in art therapy, trauma, anxiety, depression, EMDR, and trauma-informed counseling.
307 North Main Street, Suite 9-10
Hendersonville, NC 28792
Phone: (828) 785-4789
Email:
kgilmore@mountaincreativearts.com
Web: www.mountaincreativearts.com

Peggy Bintz, PMHNP-BC

Offers services to adults, couples, and families, specializing in medication management, ADHD, anxiety, autism spectrum, bipolar disorder, depression, mood disorder, OCD, ODD PTSD schizoaffective disorders, and women's issues.
558 Fleming Street, Suite A
Hendersonville, NC 28739
Phone: (828) 697-8444
Web: peggybintznp.wordpress.com
Payment: accepts Medicaid

Resilient Journeys

Offers counseling for adults, couples, and groups, specializing in depression, anxiety, borderline personality disorder, bipolar disorder, trauma, domestic violence, substance use, anger management, chronic pain management, and LGBTQ issues.
220 3rd Avenue West, Unit A
Hendersonville, NC 28739
Phone: (828) 376-0055
Web: www.resilientjourneysnc.com
Payment: accepts Medicaid and offers a sliding scale

*** † Safelight**

Believe Child Advocacy Center

Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.
133 Fifth Avenue West
Hendersonville, NC 28792
Phone: (828) 693-3840
Email: info@safelightfamily.org
Web: www.safelightfamily.org
Payment: counseling services are free

Shirley Nicholson Counseling

Offers counseling for adolescents, adults, and couples, specializing in depression, anxiety, OCD, self-esteem, relationship issues, and infertility counseling.
131 4th Avenue West, Suite 216
Hendersonville, NC 28792
Phone: (828) 242-7806
Email: shirleymnicholson@gmail.com
Web: shirleynicholsoncounseling.com
Payment; offers a sliding scale

Tammy Maxey, MS, LPC, LCAS, CEDS

Offers counseling for adolescents and adults, specializing in eating disorders, anxiety, depression, addiction, mood disorders, personality, and self-harm.
120 Chadwick Square Court, 2nd Floor, Suite D
Hendersonville, NC 28739
Phone: (828) 696-6985
Email: tammmaxey@gmail.com
Web: hendersonvillecounseling.com

Terri Morgan, M.Ed., LPC, LCAS

Offers counseling for adults, couples, and groups, specializing in depression, anxiety, relationship issues, family issues, substance abuse, personality disorders, mood disorders, and sexual trauma.
244 5th Avenue West
Hendersonville, NC 28739
Phone: (828) 333-7931
Web: www.terrimorgan.com

Wellness Within Counseling

Offers counseling for adults and groups, specializing in trauma, PTSD, dissociative disorders, depression, anxiety, anger management, and relationship issues.
840 Fleming Street, Suite 2
Hendersonville, NC 28791
Phone: (828) 692-8097
Web: wellnesswithincounseling.net

Lincoln County

Rehabilitation

* † ^ Phoenix Counseling and Crisis Centers

Offers mental health, substance abuse, and sexual assault services for children, adolescents, and adults.
Lincoln Outpatient
510 South Aspen Street
Lincolnton, NC 28092

Phone: (704) 735-7325
Lincoln Wellness Center
311 McBee Street
Lincolnton, NC 28092
Phone: (704) 732-0018
Web: www.phoenixcc.us
Payment: accepts Medicaid and offers a sliding scale

Support Services

Infinite Beginnings

Offers psychosocial rehabilitation day programs for adults with a severe mental disorder.
526 East Main Street
Lincolnton, NC 28092
Phone: (704) 671-4047
Web: www.infinitebeginningsnc.org
Payment: accepts Medicaid and offers a sliding scale

Therapy

* Breakthrough Mental Health Counseling

Offers counseling for children, adolescents, and adults, specializing in anxiety, anger management, depression, eating disorders, phobias, play therapy, relationships, self-esteem, stress, and women's issues.
2485 NC-16 Business
Denver, NC 28037
Phone: (980) 247-0301
Email: alexis@breakthroughmentalhealth.com
Web: breakthroughmentalhealth.com

Charles Counseling & Consulting

Offers counseling for children, adolescents, adults, couples, and families, specializing in relationship issues, grief, anxiety, depression, parenting, and stress management.
2589 East Main Street, Suite 102
Lincolnton, NC 28092
Phone: (980) 263-0458
Email: appointments@chalescounselingconsulting.com
Web: charlescounselingconsulting.com

Counsel for Hope

Offers counseling for children, adolescents, adults, couples, and families, specializing in addiction, codependency, ADHD, abuse, anger, anxiety, grief, eating disorders, depression, and relationships.
119 Fuchia Lane
Lincolnton, NC 28092
Phone: (704) 201-9063
Email: info@counselforhope.com
Web: www.counselforhope.com
Payment: accepts Medicaid and offers a sliding scale

GFHS Lincolnton Family Medicine

A patient-centered medical home offering behavioral health services specializing in anxiety, depression, stress, substance use, mood, pain, behavior, attention, and relationships.
212 Gamble Drive, Suite C
Lincolnton, NC 28092
Phone: (704) 735-7145
Web: www.gfhs.info
Payment: offers a sliding scale

Grace Roads Counseling Center, PLLC

Offers counseling for adolescents, adults, couples, and families, specializing in ADD, anxiety, coping skills, depression, grief, parenting, relationships, and substance use.
 274 North Highway 16, Suite 100
 Denver, NC 28037
 125 East Main Street
 Lincolnton, NC 28092
 Phone: (704) 550-4792
 Email: sbenson317@gmail.com
 Web: www.groundinggrace.net
 Payment: offers a sliding scale

^ Hope Psychiatric

Offers therapy for individuals, specializing in psychiatric evaluations, mood disorders, medication management, anxiety, addiction, ADHD, PTSD, and crisis intervention.
 1220 North Flint Street
 Lincolnton, NC 28092
 Phone: (704) 748-9558
 Email: hopeappointment@gmail.com
 Web: www.hopepsychnc.com
 Payment: accepts Medicaid

*** † Lincoln County Child Advocacy Center**

Offers services for survivors of interpersonal violence, sexual assault, and child abuse including counseling for children, adolescents, and adults.
 161 Policarp Street
 Lincolnton, NC 28092
 Phone: (704) 736-1155
 Web: cac-lincolncounty.org

Solid Foundations Counseling Center

Offers counseling for children, adolescents, adults, couples, and families, specializing in physical and sexual abuse, mood disorders, ADHD, parenting, defiant behavior, domestic violence, trauma, and relationships.
 151 Sigmon Road
 Lincolnton, NC 28092
 311 McBee Street
 Lincolnton, NC 28092
 Phone: (704) 466-0162
 Email: bobbyfisher@solidfoundationscounseling.com
 Web: solidfoundationscounseling.com
 Payment: accepts Medicaid

Stepping Forward Counseling Services, PLLC

Offers counseling for children, adults, and adolescents, specializing in grief, coping, stress, anxiety, depression, transitions, and school issues.
 327 North Laurel Street
 Lincolnton, NC 28092
 Phone: (704) 339-7749
 Web: stepping-forward-counseling-services-llc.business.site

Youtopia Counseling Services

Offers counseling for children, adults, adolescents, couples, families, and groups, specializing in depression, grief, parenting, anxiety, coping, addiction, emotional and crisis management, and eating disorders.
 388 North Highway 16
 Denver, NC 28037
 Phone: (980) 231-0955
 Web: www.youtopiacounseling.com

McDowell County

Therapy

*** ^ A Caring Alternative**

Offers therapy, intensive in-home, and day treatment services for children and adolescents, and offers therapy and support services for adults, specializing in mental health and substance use disorders.
 361 North Main Street
 Marion, NC 28752
 Phone: (828) 652-5444
 Email: info@carinalternative.com
 Web: www.carinalternative.com

CareNet Counseling

Offers counseling for children, adolescents, adults, couples, and families, specializing in stress, trauma, PTSD, anxiety, depression, grief, eating disorders, and spiritual concerns.
 79 Academy Street
 Marion, NC 28752
 Phone: (828) 559-0125
 Web: www.carenetnc.org/about/our-regional-centers/western-region/
 Payment: offers a sliding scale

*** † McDowell County Children's Advocacy Center - Lily's Place**

Provides forensic assessments and counseling for physically and sexually abused children, and family counseling for non-offending caregivers. Referrals from DSS or law enforcement required.
 378 South Main Street
 Marion, NC 28752
 Phone: (828) 659-5565
 Email: burkecac@southmountain.org
 Web: www.southmountain.org/childrens-advocacy-centers/

Neural~Synergistic~Network & Domestic Appeal

Offers therapy for children, adolescents, adults, couples, and families, specializing in trauma, PTSD, neurofeedback, relationship issues, anxiety, depression, grief, and anger.

150 North Madison Street

Marion, NC 28752

Phone: (828) 460-3411

Email: neurosynergists@gmail.com,

deanneackley@earthlink.net

Web: www.domesticappeal.com

^ RHA Health Services

Offers services for children, adolescents, adults, families, and groups, specializing in diagnostic assessment, child and adolescent day treatment services, domestic violence, peer supports, medication management, and substance abuse.

486 Spaulding Road, Suite B

Marion, NC 28752

Phone: (828) 652-2919

Email: laura.mcilvaine@rhanet.org

Web: www.rhahealthservices.org

Payment: accepts Medicaid

Polk County

Therapy

Angela Gupta-Thomas, PhD, LCSW

Offers counseling for children, adolescents, adults, couples, and families, specializing in abuse, trauma, anger management, anxiety, coping skills, stress, chronic illness/pain, depression, disordered eating, relationships, grief, parenting, and divorce and blended families.

590 South Trade Street

Tryon, NC 28782

Phone: (828) 708-0953

Web: www.angelaguptathomas.com

Payment: accepts Medicaid

*** ^ Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.

155 West Mills Street

Columbus, NC 28722

Phone: (828) 894-2222

Web: www.brchs.com

Payment: accepts Medicaid and offers a sliding scale

*** ^ Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.

96 White Drive

Polk, NC 28722

Phone: (828) 894-2290

Web: www.pathways.com

*** FENCE Therapeutic Riding of Tryon**

Offers therapeutic riding and equine assisted activities for children, adolescents, and adults with physical, developmental, and cognitive disabilities.

3381 Hunting Country road

Tryon, NC 28782

Phone: (828) 859-9315

Email: horseshow@fence.org

Web: www.fence.org/trot

Rutherford County

Support Services

NAMI South Mountains, NC

Provides free education, support groups, and advocacy to people with a mental illness and their families.
124 South Powell Street, Suite D
Forest City, NC 28043

Phone: (828) 771-6305
Email: namisouthmountainsnc@gmail.com
Web: namirutherfordclevelandburke.org

Therapy

*** ^ Blue Ridge Health**

A community health center offering behavioral health services for children, adolescents, and adults, specializing in couple, family, and group counseling, addiction, mental health crisis, and somatic therapy.
187 West Main Street
Spindale, NC 28160
Phone: (828) 288-2881
146 Nesbitt Ridge
Lake Lure, NC 28746
Phone: (828) 625-4400
Web: www.brchs.com
Payment: accepts Medicaid and offers a sliding scale

*** ^ Family Preservation Services**

Offers services for children, adolescents, and adults, specializing in medication management, outpatient therapy, school-based therapy, substance use, day treatment, psychosocial rehabilitation, and peer support services.
356 Charlotte Road
Rutherfordton, NC 28139
Phone: (828) 288-8773
139 East Trade Street
Forest City, NC 28043
Phone: (828) 288-2707
Web: www.pathways.com

*** † Family Resources of Rutherford County - Wanda Paul Children's Center**

Provides services to victims of domestic violence, sexual assault, and child abuse, including counseling for children, adolescents, and adults.
358 East Main Street
Forest City, NC 28043
Phone: (828) 247-1440

Flourishing Lives Counseling

Offers child, adult, adolescent, and family counseling, specializing in ODD, ADHD, adjustment, parenting, anxiety, bipolar, depression, divorce, neglect, PTSD, and sexual and physical abuse.
179 West Main Street, Suite 122
Forest City, NC 28043
Phone: (828) 289-7612

Nelson Christian Counseling

Offers counseling for adults, couples, and families, specializing in marriage, PTSD, anxiety, and depression.
179 West Main Street, Suite 122
Forest City, NC 28043
Phone: (828) 513-6491
Web: nelsonchristiancounseling.com

*** Preferred Choice Healthcare**

Offers family, couples, adult, child, and adolescent therapy, specializing in anger, EMDR, trauma, play therapy, substance abuse, and parenting.
182 West Court Street
Rutherfordton, NC 28139
Phone: (828) 287-7806
Web: www.pchnc.com
Payment: accepts Medicaid and offers a sliding scale

Restoration Counseling

Offers adult, couple, and family counseling, specializing in anxiety, grief, depression, blended families, relationships, divorce, transitions, health concerns, and spiritual concern
2975 Memorial Highway, Suite A
Lake Lure, NC 28746
Phone: (704) 858-2926
Email: maryalisonreitano@gmail.com
Web: restorationcounselingcarolinas.com

^ RHA Health Services

Offers child, adolescent, adult, family, and group services, specializing in diagnostic assessment, child and adolescent day treatment services, substance abuse, peer support, and medication management.
132 Commercial Drive, Suite 120
Forest City, NC 28043
Phone: (828) 248-1117
Email: laura.mcilvaine@rhanet.org
Web: www.rhahealthservices.org
Payment: accepts Medicaid

Solid Foundations Counseling Center

Offers child, adolescent, adult, family, and couples counseling, specializing in parenting, mood, ADHD, defiant behaviors, relationships, domestic violence, trauma, and abuse
172 South Oak Street, Suite C
Spindale, NC 28160
Phone: (704) 466-0162
Email: bobbyfisher@solidfoundationscounseling.com
Web: solidfoundationscounseling.com
Payment: accepts Medicaid